

**From:** Withings <community@email.withings.com>

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**Subject:** 🏀 Enter our sweepstakes & have a ball this summer!

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Monthly Newsletter



*"Health is my way of life."*

— Boris Diaw, NBA Champion

How does a pro use Withings to keep himself on track? Check out our exclusive video and enter for a chance to win a trip to meet Boris in San Antonio!

[Watch the Video](#)

## Have A Ball This Summer

Whether you're shooting hoops like Boris, taking a plunge into the ocean, or running around with friends, we've got tips and tunes to make this your best summer ever.



Awesome aquatic exercises that burn calories and beat the heat



8 Easy ways to enjoy a more active summer



The best Spotify playlist for runners is here



### Dance Your Data Off

Hitting any music festivals? Do tell!  
Put yourself on our map that will  
chart the world's most active  
music festivals.

[Connect Your Fest](#)

### Super Gifts For Super Dads

Check out cool gifts that'll make  
dad healthier, smarter and stronger  
than ever.

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