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Subject: ppt sprinting

Date: Tue, 05 Nov 2013 07:52:42 +0000

Importance: Normal

Attachments: SprintingSpeed.pptx

Jeffrey

Gordon Getty has kicked in another \$20,000, we are closing in on Puma in Germany and Bernhard Fink there is applying directly for some good old Gherman money to help support us as well

here is part of the talk i will give in Kingston tomorrow on

"Green lizards, self-deception and why are Jamaicans the greatest sprinters in the world"

this is the sprinter section, i am rapidly coming up to speed on fast twitch, slow twitch, burn glycogen, burn oxygen this that and the 48th thing fascinating

some Germans should be coming down in January to help lay the groundwork and i will keep you informed further as to when the work itself will take place

hope everything is great in your life

bob