

**From:** Joichi Ito <[REDACTED]>  
**To:** Jeffrey Epstein <[REDACTED]>  
**Subject:** Re: Cholesterol  
**Date:** Thu, 27 Apr 2017 10:53:14 +0000

OK|

On Apr 27, 2017, at 6:35 AM, jeffrey E. <[REDACTED]> wrote:

yes, you remembered correctly . george church said take it at night with some co Q 10. the arrhythmias is fast, or irregular , get heart rate monitor for you iphone

On Thu, Apr 27, 2017 at 6:17 AM, Joichi Ito <[REDACTED]> wrote:

Hey Jeffrey. You mentioned something about Statin's and Cholesterol the other day. Do you have high Cholesterol? My Cholesterol is getting a bit high so my doctor started me on a low dose of Statin - 10 mg/day. I think you mentioned that you thought Statin made you stupid and didn't work... is that true?

Also, just an aside. I've started getting Heart Arrhythmias - going to get a heart Calcium CT Score.

Sucks getting old. ;-)

- Joi

| Component  | Your Value              | Standard Range    |
|--|-------------------------|-------------------|
| <b>CHOLESTEROL, TOTAL</b><br>Test Performed At:<br>QUEST DIAGNOSTICS MASSACHUSETTS LLC<br>200 FOREST STREET 3RD FLOOR,SUITE A<br>MARLBOROUGH, MA 01752-3023<br>SALIM E KABAWAT,MD  | <b>233</b> mg/dL        | 125 - 200 mg/dL   |
| <b>HDL CHOLESTEROL</b><br>Test Performed At:<br>QUEST DIAGNOSTICS MASSACHUSETTS LLC<br>200 FOREST STREET 3RD FLOOR,SUITE A<br>MARLBOROUGH, MA 01752-3023<br>SALIM E KABAWAT,MD   | <b>37</b> mg/dL         | > OR = 40 mg/dL   |
| <b>TRIGLYCERIDES</b><br>Test Performed At:<br>QUEST DIAGNOSTICS MASSACHUSETTS LLC<br>200 FOREST STREET 3RD FLOOR,SUITE A<br>MARLBOROUGH, MA 01752-3023<br>SALIM E KABAWAT,MD   | <b>224</b> mg/dL        | <150 mg/dL        |
| <b>LDL-CHOLESTEROL</b><br>Desirable range <100 mg/dL for patients with CHD or diabetes and <70 mg/dL for diabetic patients with known heart disease.<br>Test Performed At:<br>QUEST DIAGNOSTICS MASSACHUSETTS LLC<br>200 FOREST STREET 3RD FLOOR,SUITE A<br>MARLBOROUGH, MA 01752-3023<br>SALIM E KABAWAT,MD | <b>151</b> mg/dL (calc) | <130 mg/dL (calc) |
| <b>CHOL/HDLRATIO</b><br>Test Performed At:<br>QUEST DIAGNOSTICS MASSACHUSETTS LLC<br>200 FOREST STREET 3RD FLOOR,SUITE A<br>MARLBOROUGH, MA 01752-3023<br>SALIM E KABAWAT,MD   | <b>6.3</b> (calc)       | < OR = 5.0 (calc) |
| <b>NON-HDL CHOLESTEROL</b><br>Target for non-HDL cholesterol is 30 mg/dL higher than LDL cholesterol target.<br>Test Performed At:<br>QUEST DIAGNOSTICS MASSACHUSETTS LLC<br>200 FOREST STREET 3RD FLOOR,SUITE A<br>MARLBOROUGH, MA 01752-3023<br>SALIM E KABAWAT,MD   | <b>196</b> mg/dL (calc) | mg/dL (calc)      |

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