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Subject: Jee, 2018 Italy Music and Yoga Tour with Tania de Jong and Andrew Mournhis

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An inspiring 15 day Italian journey for all the senses!
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2018 Italy Tour with Tania de Jong & Andrew Mournhis

2018 Italy Music Tour with Tania de Jong and Andrew Mournhis

15 Nights. Departing 6th September, 2018



"Join us on an inspiring 15 day Italian journey for all the senses. A true celebration of 'La Dolce Vita' with fabulous food, wine, yoga and song!" - **Tania de Jong and Andrew Mournhis**

You will explore the historic and cultural magnificence of Siena, Florence, Chianti, Milan, Lake Como, Verona and Umbria. We will visit the most iconic opera houses of the world (La Scala in Milan, the Arena in Verona and St Marks Church in Florence) and experience two included concerts. Your troubadour for this journey is world class soprano **Tania de Jong AM** who will serenade you along the way with special spontaneous songs, performances and opportunities to join in. And to calm our minds, soothe our souls and flex our bodies we will be under the superb guidance of global yoga guru **Andrew Mournhis**. There will be grand dinners in gorgeous historic locations, cooking classes, wine tastings, gondolas, market visits, voice and yoga workshops, opportunities for private tuition with Tania and Andrew and much more to delight and entertain you! Accommodation will be in outstanding properties throughout Italy.

[View Tour Details – Expression of Interest](#)



Tania de Jong

Tania is Founder Creative Universe, Creativity Australia and Creative Innovation Global, Dimension5, The Song Room, Pot-Pourri, MTA Entertainment & Events. Tania de Jong is a trail-blazing Australian soprano, award-winning social entrepreneur, creative innovation catalyst, inclusion-ista, spiritual journeywoman, storyteller and global speaker. She works across the public, private, creative and social sectors.

With a grandmother who invented the first foldable umbrella, creativity and innovation are in Tania's blood. And as the daughter of Holocaust survivors she has learnt about resilience and re-invention and developed a passion for diversity and social inclusion.

When she was just 14 years old her best friend told her not to bother having singing lessons. So it's not surprising that her mission is to change the world,

one voice at a time. Tania presents keynote speeches, leadership programs and workshops inspiring creative leadership, entrepreneurship, social inclusion, diversity and innovation globally.

Tania is the Founder of two charities. Creativity Australia works with a range of marginalised individuals (including migrants, people with depression and disabilities and job seekers) and communities to build supportive networks through the acclaimed "With One Voice" choir social inclusion programs. Creativity Australia received the 2016 Melbourne Award for Contribution to Community by a Community Organisation. The Song Room, which Tania also founded, has provided access to creative learning and wellbeing for over 350,000 disadvantaged Australian children since 1999.

As well as creating these charities, Tania is also the Founder of Creative Universe transformational leadership and innovation capability programs, acclaimed opera/music theatre group Pot-Pourri and MTA Entertainment & Events and Creative Innovation Global which presents the acclaimed Ci2010-Ci2016 future-shaping innovation conference events. Ci2013 and Ci2015 were named Corporate Event of the Year in the Global Eventex Awards and Ci2015 was also named in the Anthill Smart 100 and Australian Corporate Event of the Year. Most recently, Tania was one of the recipients of the Impact 25 Award which recognises the not-for-profit and social sector's most impactful individuals of 2016.

Tania has recently founded a co-working space called Dimension5 in Melbourne to drive social innovation and collaboration. Tania released her first solo CD Heaven on Earth in 2015 and is working on a new CD entitled Flying Free.



Andrew Mournehis

Andrew Mournehis is a highly sought after Teacher Trainer, who has come from a diverse Yoga background and brings great depth and passion to his teaching, which is underpinned with Hatha, Bhakti and Tantra Yoga. His creative, joyful and heart-filled teaching strengthens the body, soothes and clears the mind, whilst enlivening and enriching the Spirit through postural/universal alignment. His unique teaching style is imbued with heart and soul, rich in Tantric philosophy and his classes are filled with inspiration, story-telling, mantra and the Spirit of the Divine.

Andrew is Creative Director of "Divine Grace" www.divinegrace.com.au and has been a teacher/lecturer at the "Academy of Yoga Learning" Teacher Training Course in Melbourne since 2003. His further interests extend into History, Philosophy, Mythology, Yogic Physiology, Human Energetics, Human Potential and how to discover, and live, one's true Life Purpose (Dharma).

Andrew Mournehis also graduated from the Phoenix Institute of Australia in 2001 (Adv. Dip. Transpersonal Counselling), with a very clear vision that his gifts and passions were best directed in the power of group. Being an already well respected and established yoga teacher, he spent the next 15 years combining his love of Yoga with the healing qualities of Transpersonal work to create transformative spaces for healing, where we can all practice together, exchange stories, and ultimately become more whole.

He has facilitated hundreds of healing groups, yoga workshops, intensives and retreats both nationally and internationally working with the healing potential of both Yoga and Transpersonal work.

Andrew has been teaching in Melbourne for nearly 20 years, and is a dedicated and devoted yoga student and teacher...in fact an Eternal student.

In Andrew's words,

"I came to yoga through personal crisis and injury, and having intimately explored the power of healing that yoga brings, I hold complete trust in its healing power, potency and potential. Each divinegrace yoga class will connect you with your Divine Nature, inviting YOU to remember your highest good, and that EVERY aspect of our lives is an opportunity for growth and illumination. Whether life feels fulfilling or empty, light or dark, filled with pleasure or pain... all is seen as an opportunity for transformation and revelation... from the darkest of places, Great Beauty, Light and Wisdom can be revealed".



How singing together changes the brain: Tania de Jong AM at TEDxMelbourne

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