

From: How To Academy <[REDACTED]>

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Subject: NEW: How to be Champion: An Evening with Sarah Millican.

Date: Thu, 31 Aug 2017 08:46:25 +0000

How to be Champion with Sarah Millican
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**how to:
How to be
Champion: An
Evening with Sarah
Millican**

with Sarah Millican

12th October 2017
6:45pm – 8:00pm

Logan Hall
University College London
20 Bedford Way
London WC1H 0AL

TICKETS:
£35.00 Single

(incl. a copy of the book RRP
£20)

Join Sarah Millican who will be chatting about her debut book, *How to be Champion*,

How to be Champion
by Sarah Millican

and delving into her super normal life with daft stories, funny tales and proper advice on how to get past life's blips – like being good at school but not good at friends, the excitement of IBS and how to blossom post-divorce. If you've ever worn glasses at the age of six, worn an off-

the-shoulder gown with no confidence, been contacted by an old school bully, lived in your childhood bedroom in your thirties, been gloriously dumped in a Frankie and Benny's, cried so much you felt great, been for a romantic walk with a dog, worn leggings two days in a row even though they smelt of wee from a distance, then this is YOUR TALK.

Sarah Millican is one of the greatest comedians of her

£60.00 Combo

(incl. 2 tickets and 1 copy of the book RRP £20)



generation. Since winning the 2008 if.comedy Best Newcomer Award at the Edinburgh Fringe Festival for her debut solo show, *Sarah Millican's Not Nice*, Sarah has firmly established herself as a household name, having been nominated three times for The British Comedy Awards People's Choice: Queen of Comedy and winning the award in 2011. Sarah's debut DVD, *Chatterbox Live!*, was the biggest selling stand-up DVD by a female comedian of all time, shifting over 150,000 units in the first five weeks of release alone.

Her penultimate title, *Sarah Millican: Outsider*, was released in November 2016 and went straight to number one in the sales chart upon release. A two-time BAFTA nominee for The Sarah Millican Television Programme, Sarah's other television credits include two appearances on The Royal Variety Performance and four appearances on flagship BBC stand-up show Live At The Apollo. She lives with her husband Gary, dog Commander Tuvok and cats Chief Brody and Lieutenant Ripley.





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