

From: R Mantha <[REDACTED]>
To: "jeffrey E." <jeevacation@gmail.com>
Subject: Re: My health books: Ravi Mantha
Date: Fri, 13 Jan 2017 17:16:20 +0000

The soil bacteria is mycobacterium vaccae.

And I promise I will change your mind about muscle testing.

With the software reset innovation, muscle testing is a crucial tool to find dysfunctions. Without that innovation, it is a meaningless exercise. The reason is that proprioceptive information is conveyed to the brain by receptors in muscles, tendons and ligaments, and you can alter this signal temporarily by stretching /tapping/ rubbing them and better understand how the changes are affecting associated muscles, and how and if that differs from normal function.

In the next couple of days I will send you some research on proprioception so that you and I can build a common base of understanding on it from a science standpoint, and have a stronger discussion one day in the near future. For now, let's simply agree that proprioception is very important to health, and software is key to improving it.

Thank you again Jeffrey. I value your intellect and curiosity. Also, please send across any material or research you come across on proprioception.

Ravi

On Jan 13, 2017 11:54 AM, "jeffrey E." <jeevacation@gmail.com> wrote:

<http://www.ancient-origins.net/news-evolution-human-origins/life-expectancy-myth-and-why-many-ancient-humans-lived-long-077889>

the testing of strengths is done all the time by neurologists. , not very interesting. the soil bacteria however is

On Fri, Jan 13, 2017 at 12:50 PM, R Mantha <[REDACTED]> wrote:

Thank you so much. Makes complete sense that all we have done is simply reduce the variability in individual lifespans but not increased human lifespans.

I would be curious to know the age distribution of the population in ancient Greece though it would be hard to figure out and no doubt be affected by period episodes of catastrophic war.

My best guess still is that among each age cohort from age 5, there was still huge mortality in each decade of life so by age 35 over 50% would have died. For men, the largest cause of death would be accidents(40%), and for women it would be childbirth (25% mortality)

The reason this matters is that as a society you would consider dying at 40 to be totally normal, and would develop a reverence for the 1% who made it to 70 and above.

On Jan 13, 2017 10:59 AM, "jeffrey E." <jeevacation@gmail.com> wrote:

very kind of you . please read <http://www.livescience.com/10569-human-lifespans-constant-2-000-years.html>

On Fri, Jan 13, 2017 at 8:39 AM, Ravi Mantha <[REDACTED]> wrote:

Dear Jeffrey,

Attached are pdfs of both my health books.

Warmly,
Ravi

Ravi Mantha,

Author
[REDACTED]
[REDACTED]
[REDACTED]

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