

From: [REDACTED] <[REDACTED]>

To: "jeffrey E." <jeevacation@gmail.com>

Subject: Re:

Date: Fri, 07 Jul 2017 22:31:52 +0000

Thank you!! I m reading about it right now))

Starting to worried about how to stop worried about 😊

On Sat, 8 Jul 2017 at 00:28, jeffrey E. <jeevacation@gmail.com> wrote:
<https://www.helpguide.org/articles/anxiety/how-to-stop-worrying.htm>

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please note

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