

From: "Dr.Galland's Pill Advised" <[REDACTED]>

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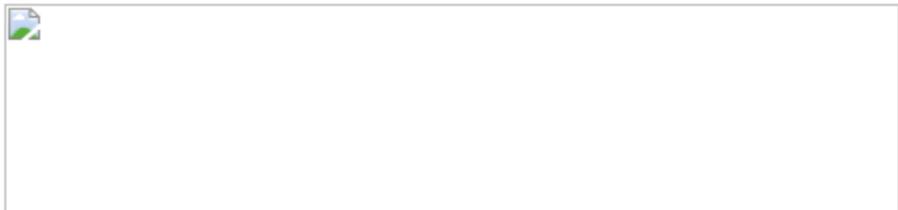
Subject 5 New Reasons To Drink Tea

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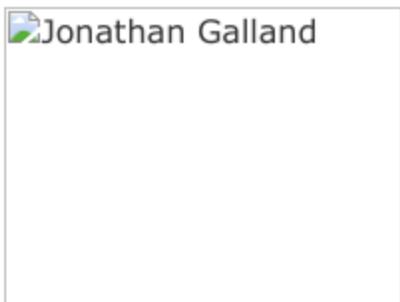
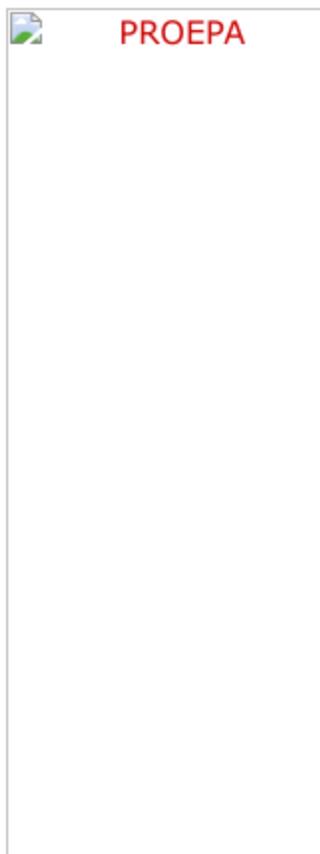
Dr. Galland's Newsletter

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April 13th, 2015

5 New Reasons To Drink Tea



As we embrace the spring after a seemingly never-ending freezing winter, here is a refreshing look at the tradition and science of tea.

Jonathan Galland, CEO of PillAdvised, has just

published a blog on **MindBodyGreen** on [5 New Resons To Drink Tea + How to Brew Your Spring Detox Cup.](#)



In this blog he talks about tea health benefits and the ancient wisdom of the tea from traditional Chinese Medicine. Learn how modern science is uncovering how tea can help with fat-burning, anti-aging, mood-boosting, immunity and bone health.

In China, where they have a tea history of over one thousand years, people enjoy endless cups of

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steaming hot tea at home and bring a thermos of
hot tea with them wherever they go.

Read the full blog at [MindBodyGreen](#).

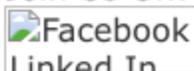
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Jonathan
Galland

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Jonathan Galland
Co-Founder and CEO

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