

From: "Urban Zen" <info@urbanzen.com>
To: "Jeffrey" <jeevacation@gmail.com>
Subject: An Invitation from Our Executive Director
Date: Sun, 18 Sep 2011 11:59:41 +0000



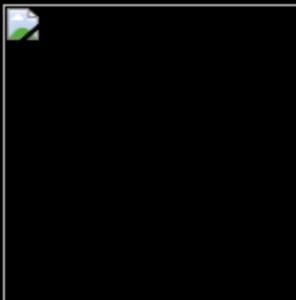
September 18th, 2011

Dear Friend,

Thank you for your support of the Urban Zen Foundation, witnessing your commitment to our missions in preserving culture, promoting well-being and empowering children has been truly inspiring. It means so much to Donna that you believe, as she does in the power of community to create change. As the Executive Director of Urban Zen, I'm proud to share with you a few of our accomplishments thus far and our vision for the future.

While spearheading the Haiti Initiative over the past year, I had the privilege to meet and create meaningful relationships with many of you. During this time, there was not a single day I spent with Donna where she did not speak of her husband. Her love and passion for Stephan is the driving force behind everything she does with Urban Zen and what transforms the Urban Zen Center into a sacred space. Your continuous generosity has inspired new opportunities for us to engage you in our work, and because you are so influential in our movement, we could not have celebrated our milestones without you.

I want to call your attention to some accomplishments very close to Donna's heart.



[UZIT: Urban Zen Integrative Therapy Program.](#)

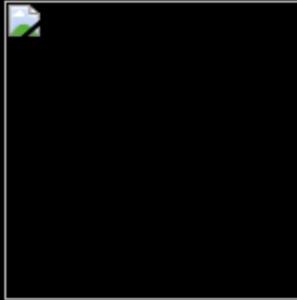
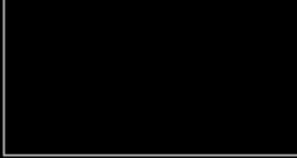
Urban Zen's flagship initiative has grown and now exists not only at Beth Israel but at multiple other sites including the American Cancer Society's Hope Lodge, the UCLA Medical Center and Kent State to name a few. Additionally, our partnership with the Johnson & Johnson Campaign for Nursing's Future will allow us to create a new generation of integrative nurses who engage in self-care while treating the patient in addition to his or her disease.

[HHRH: Hope Help & Rebuild Haiti](#)

Through the evolution of Hope Help & Relief Haiti, over the past year, we have raised over \$2.25 million to support Haiti through direct support. Donna continues to return to the island as an ambassador for the preservation of Haiti's rich artistry and cultural expression, where she works in the hospitals and with the



artisans. Haiti's needs are a true reflection of all that Urban Zen embraces – preservation of culture, well-being and the empowerment of children.



Development of the Urban Zen Center & Membership Community

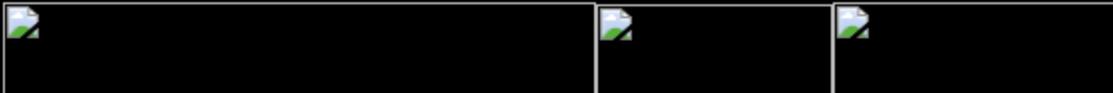
This year the Urban Zen Center is undergoing significant developments that will enable us to refine and enhance our events and develop a membership community of like-minded people.

Urban Zen has much more to offer in the months ahead and I encourage you to visit the Urban Zen website to learn about our calendar of events. You matter to all of us at Urban Zen, and I look forward to receiving your thoughts on how we can continue to improve our work through inspired partnerships. I would love to continue conversations that I've had with many of you and ignite new conversations with those of you I have yet to meet, so I encourage you to contact me at any time at myra@urbanzen.org or 212-414-8520. I welcome you to visit me, to share your thoughts and to learn more about what we're doing at Urban Zen.

Warmly,



Myra Magaletta
Executive Director



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