

From: Jeffrey Epstein <jeevacation@gmail.com>
To: [REDACTED] >
Subject: Re:
Date: Mon, 07 Dec 2009 07:48:44 +0000

no , squats not [REDACTED] lunges not lunches. . you need to tone your lower -not upper body. your fingers are already in good shape. exercise !!!

On Mon, Dec 7, 2009 at 2:37 AM, [REDACTED] <[REDACTED]> wrote:

You didn't bring [REDACTED]? And where is [REDACTED]?
I can barely move my fingers to type..I am sore in every part of my body. I went to the gym and took a [REDACTED]. My whole arms and legs were bright red, my clothes soaked and I was very close to fainting; now I can't sit on my ass or even sleep on it. The trainer told me I should drop everything and train for the olympics because he has never in 20 years seen a beginner play so well :-)
and no, he wasn't trying to pick me up

From: Jeffrey Epstein <[REDACTED]>
To: [REDACTED] >
Sent: Mon, December 7, 2009 2:19:30 AM
Subject: Re:

for your info. [REDACTED] has been traveling with her boyfriend , so there is no one here. [REDACTED] is coming to help. i am faxing, answering phones, making food. by myself.

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