

**From:** Jeffrey Epstein <jeevacation@gmail.com>

**To:** [REDACTED] <[REDACTED]>

**Subject:** Re: printed emails from you

**Date:** Sun, 13 Dec 2009 06:27:29 +0000

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I forget how clever i can be

On Sat, Dec 12, 2009 at 10:21 PM, N E M <[REDACTED]> wrote:

**From:** Jeevacation <jeevacation@gmail.com>

**Date:** Mon, Jun 15, 2009 at 5:59 AM

**Subject:** Re: V

**To:** "[REDACTED]" <[REDACTED]>

I am at a loss . Help me find a solution . I ask you to do something I believe I need. You choose not to to as I ask. If I ask again or point out that you have not done it you then say I am hurtful,mean,and rude. I usually say ok then I can't force you to , I love you ,have someone else do it  
Cooking-typing-hostessing...shampoo buying and xxxxxcxc. You make a choice and then resent the necessary consequences. You choose not to do as I ask you always have what you consider to be a reason . I thanked you for your tuna sandwglich , it was easy -you did as I asked . I make a point to thank you . I can't say the same for you , when was the last time you said thank you fir anything to me.

Sent from my iPhone

**From:** Jeffrey Epstein <jeevacation@gmail.com>

**To:** [REDACTED] <[REDACTED]>

**Sent:** Tue, September 29, 2009 10:30:13 AM

**Subject:**

[REDACTED] at a loss about what to do.. Your are my best friend I love you as much as you love me. , no matter what i say, it seems you do not understand the concept of consequences . You cannot make a deal, not complete your side and expect the deal is still in place.. IN the past i recognize that you and your parents have had difficulty. I am not your parents.. they tell you if you don't do something there will be consequences. you ignore, them, and get upset when the result is unpleasant I have spent the entire day yesterday going through the house cleaning your mess. dog shit included,. I made it a point not to have any conflict with you before, you left. I REFUSE to live like this, You must think i am joking. You left with no food in the house. rotten food in the fridge , radishes with mold, rotten and green bread, though i told you on friday i did not want an empty fish tank on my desk, you chose, not to do anything at all, except tell me that Louella will buyand chose Why because you were too busy. to go yourself Dead , smelly flowers, that i have repeatedly asked to be changed,left with dead leaves all over the table. Whole foods had plenty of choices of flowers . , You tell me its danas responsibility to organize the food now that you are gone.. you didn't tell her anything... Dana is staying until wed, , i would have her stay the week but ghislaine needs her.. The magazines that i told you looked like a doctors office, you simply left month old magzines, for who. not me, . When I ask what did you do. , you get upset.. THIS IS BULLSHIT> people work , I work , I get up every day to work, YOU spend two hours making a soup and you feel your day is done. You serve me the shittiest of bacon, why, you say because it was in the house, ? is it because you don't know better, didn't ask, can't read, can't see, can't taste. cant yet understand how to make eggs, and refuse to ask anyone who might know. Your focus is on what you get , on what you get, on what you get, classic0--- any thought of me ZERO, sperm on demand,, ---any thought of me, , ZERO, .. THIS IS A HAM AND EGG LIFE> it is not for me.. YOU have not done as you have said you would. lets discuss when you have uninterrupted time,,

**From:** Jeffrey Epstein <jeevacation@gmail.com>

**To:** [REDACTED]

**Sent:** Wed, October 21, 2009 12:57:14 PM

**Subject:** Re:

I view you like you view ball-e/// i love you. i don't want to lose you,, you keep shitting on the floor, when you get put in your cage you think i don't love you. you bark and bark, i ask you to sit , you refuse, don't get your treat, and whine and bark, until i can't take it,, you then go get the treats yourself,, i ask you to stay,, you refuse and then you want a treat, and mope when you don't get, it.. balle got sent to school, she learned to bark more, and kept shitting on the floor. She thinks she is a big dog, but is afraid of goats, i meant ghosts , what to do , you like sleeping with her,, she sleeps welll, when she wakes up the barking starts again, and more shit on the floor

**From:** Jeffrey Epstein <jeevacation@gmail.com>

**To:** [REDACTED] <[REDACTED]>

**Sent:** Thu, October 29, 2009 8:04:05 AM

**Subject:** sounds too familiar, this really upset me

Women are led to have a sense of entitlement because they falsely believe they are owed something based on the social roles that they have taken for themselves. Because someone has accepted the role of being someone's girlfriend or wife, they feel entitled to dictate behavior , get things from the other person or, if not, sulk. Because someone has accepted the role of being a consumer, they feel entitled to be treated as they desire, though only usually performing any asked task at the level of bare minimum. ie. the passing grade. In short, they want to play the game without having to " earn " what they want, so they will make your life difficult if you don't give in their selfish beliefs. Learning to say" no", is the first step, not "maybe" , this will be taken as an eventual "yes". The sense of entitlement is accompanied by the confirmation of no consequences to selfish, self centered behavior, not sharing, withdrawing affection, complaining are the signs of non- acceptance of necessary required achievements.

The feeling of entitlement is predicated on the acceptance of social roles. of "false selves."

Two people are needed for the whining to be successful however, **the one who who gives in , bears responsibility.** Why does he give in? He gives in because the " girlfriend " strikes in him a "sensitive chord." We can say that she makes a chord vibrate which he do not wish to feel vibrating. So he does what he needs to do in order to cease the vibration. This sensitive chord is generally an unpleasant emotion, or an unwanted consequence.

He gives in to prevent from living through something that he judges worse than the complaining itself.

Examples:

\* It's easier for me to give in to my girlfriends nagging than bear through her tantrum, so I give her what she wants.

\* It's less intolerable for me to claim that I didn't really believe what I said (even if [REDACTED] lying in saying that) than to bear through her sulking.

\* It hurts me to see her so unhappy and I know she'll never do anything to improve her situation. I take it upon myself to solve her problem even if I very well know that she only doesn't do it herself because she's just lazy.

Giving in is pointless, because the only consequence will be that the "giving in" will become a reflex, then an automatism (in the same way that obedience does, as I discussed in my entry on the obedience circuit). It is an unwinnable situation. Breaking out of her game is not by being a better manipulator (with all the corruption that this entails), but rather by exposing it and dashing it as violently as one can. Only then can one be set free from it.

**From:** Jeffrey Epstein <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)>  
**To:** [REDACTED] <[REDACTED]>  
**Sent:** Sat, November 28, 2009 3:24:30 AM  
**Subject:**

my suggestion 1 ask yourself.. could I be wrong and jeffrey right? , if the answer is no, that should tell you something. i.e. you are holding a false idea. 2. on one hand you don't want to be compared with others, and then you say but you don't criticize others for the same things that I do. 3. ask yourself, when jeffrey is having fun, how do you feel. why i am not there? , I can do what she does? he is ridiculous. if i were to do that ..., how about [REDACTED] really glad he is having fun ,4. you have let your body get out of shape. though i have encouraged exercise, you tell me you are having your period, it only works if you do it 2 or 3 times a week, i had no time, I did it. .. then though you do a lube job at it, you tell me i make you feel insecure about it. 5. I told you that it would be difficult for an outsider to accept my behavior. less than 10% . . You. believe that same person will ,when told about your lifestyle, , will side with you , and say well it appears that you do so much, and try so hard, I believe you get the short end of the stick. 6. You refuse to accept responsibility for your actions. [REDACTED] sorry it won't happen again. ,, no 0-0you attempt to justify it. - I tasted it , and it was good, noyou should have known. IF someone else did it you would [REDACTED] complain, . 7. did you thank jenn for trying to teach you. no, did you make her feel welcome, no, did you make the weekeind more or less pleasant. did you think of anyone but yourself. no. . when i asked about karilina,, the lube response, ,,well - i was there., did you help ,, iwas there, did you make it easier or not, well i was there, the perfect example.. I didn't do anything , but my presence should be enough. . you can explain that last sentence you any trusted third party you choose. . I have again asked for suggestions. and received none.

**From:** Jeffrey Epstein <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)>  
**To:** [REDACTED] <[REDACTED]>  
**Sent:** Sun, December 6, 2009 5:17:15 AM  
**Subject:** you should keep this email

I have tried but not succeeded in trying to teach you, guide you, empower you. I have asked that you read some of the great books so that your conversation would be based on more than yahoo news and tv talk shows. I have not succeeded.. I had asked that you keep in shape and learn to cook, i have not succeeded. to learn to taste not only food but distinguish quality from the commonplace. The things that you write that have broken our relationship are not the things that you have done are right but the things that have been wrong. I tried to teach you a different way of life, beautiful things, elegant and unusual ideas. and introduced you to a life that few get to see. Your needs as you describe them center on what I should not do. It is pretty simple, without a relationship with you. I would have been able to do more,, and without our relationship you would have been able to do much less. You need to seek advice elsewhere. Get professional guidance. I love you and hope that someone holds your behavior up to you so you can see for yourself.

**From:** Jeffrey Epstein <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)>  
**To:** [REDACTED] <[REDACTED]>  
**Sent:** Tue, December 8, 2009 2:02:49 AM  
**Subject:**

taught me, encouraged me, enabled me, empowered me, made it possible that I , ,, would that describe what [REDACTED] has done for jeffrey? I stayed in jail so that I could see you . but jenn didn't pick up your phone calls. I slept with underwear on my head. with filthy blankets. to be able to see you. but jenn kissed me hello in front of henry , Many nights I went to jail early, to avoid more aggravation. what happened to laughing at silly things. playing , pleasure. all took a back seat to , Jenn, brice, dana, nanny, [REDACTED], the monitor. watch movies alone, no naps, no hugs with anyone but you. negative negative .. ITs all in the emails. I had to stop asking

for you to make breakfast , seperate from the one valdson sandswich /Igor would always bring something, our time was very limited, and still , often you complained about someone. you said that I still hired dana,, did you think that dana never again traveled with us. nevr, why,, because you didn't want it.. if someone made me laugh, they were soon history.

**From:** Jeevacation <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)>

**To:** [REDACTED] >

**Sent:** Tue, December 8, 2009 7:47:34 AM

**Subject:**

Maybe this example will make it clear your mother sold your dog , she will tell you she loved you , she sold your dog , she will talk about frustration she sold your dog , the dog gave you pleasure , she sold your dog, she knew it would make you unhappy she sold your dog , actions , you have nagged argued over and over re my pets , demanding I not have them around , complaining when they inadvertantly ate your sox, she sold your dog

Sent from my iPhone

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