

From: "[REDACTED]"

To: "Jeffrey" <jeevacation@gmail.com>

Subject: Re:

Date: Mon, 11 Oct 2010 09:19:13 +0000

Hi..I'm in Stockholm right now..working..was in Copenhagen few days ago working too..
All is good..I'm just freaking out a bit about my body because now when I look finally really
really good I'm afraid I will gain weight again...I still keep running twice a day every
day..its crazy..I ve never run so much in my life but its amazing to see quick results..its
really all about the cardio and eating right..also I'm having a casting for VS pink on friday
so hopefully that will go well...

How r u? Where r u at?

Sent from my BlackBerry® wireless handheld.