

From: Urban Zen News <[REDACTED]>

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Subject: Urban Zen presents: Dr. Neal Barnard and his lecture "Reversing Diabetes"

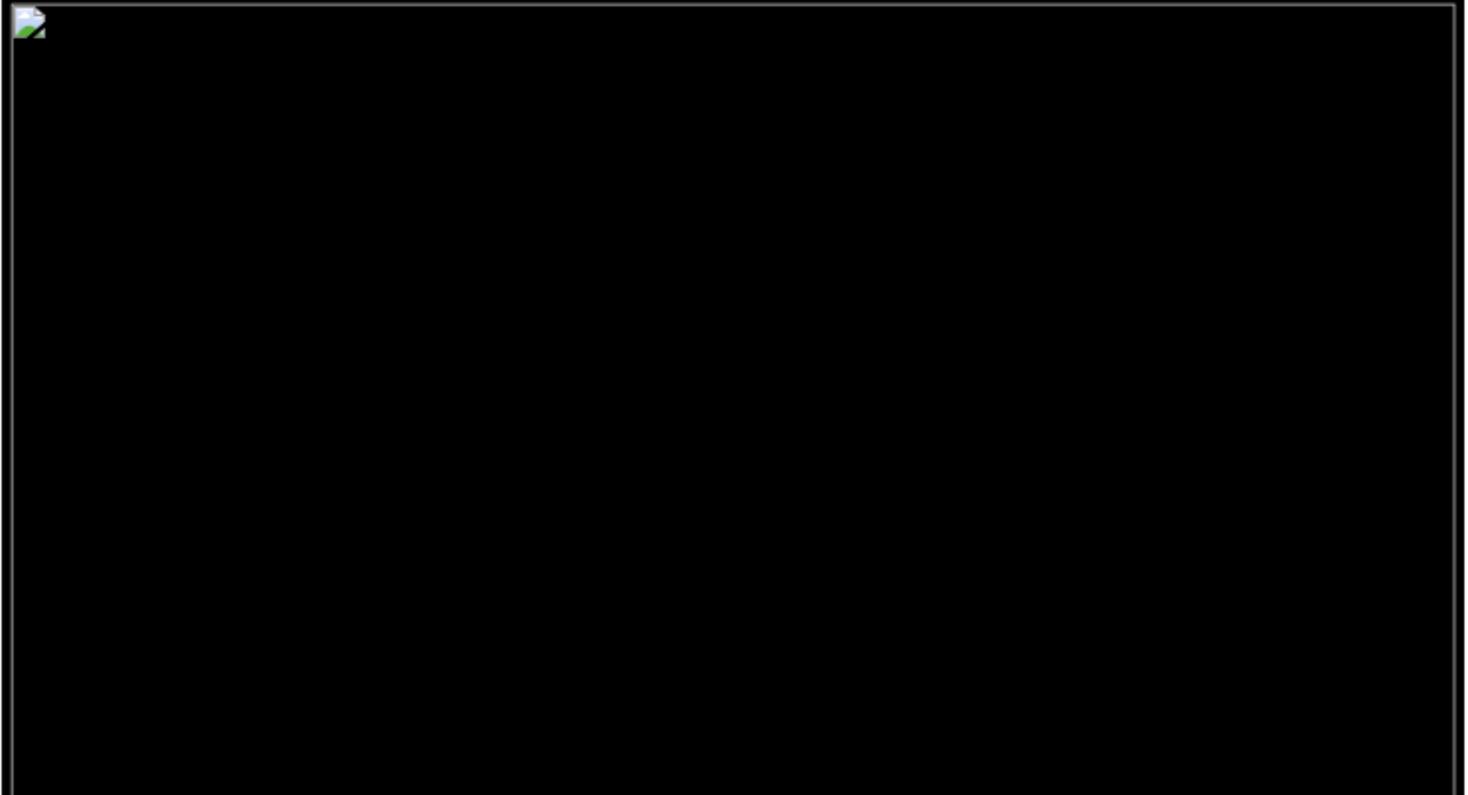
Date: Wed, 24 Mar 2010 09:31:00 +0000



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AL BARNARD, . PRESENTS:

REVERSING DIABETES



SATURDAY, MARCH 27, 2010
10AM - 4PM

URBAN ZEN CENTER
711 GREENWICH ST (AT CHARLES ST)
NEW YORK CITY

Dr. Neal Barnard will present breakthrough findings from his federally funded research showing that a plant-based diet has power to prevent and reverse diabetes. Using easy-to-understand language with plenty of practical advice and a bit of humor, Dr. Neal Barnard will help participants tackle diabetes, as well as the weight problems and cholesterol issues that often come with it. Cooking demonstrations included.

TICKETS - \$60

LESS THAN ONE WEEK LEFT, TICKETS STILL AVAILABLE

READ MORE AND REGISTER NOW

FOR MORE INFORMATION,
PLEASE EMAIL

OR CALL

The Urban Zen Center is a new community center paradigm, focused on the advancement of well-being, empowerment of children and preservation of culture. Please check our website for event updates.

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