

From: "[REDACTED], MD" <[REDACTED]>

To: Jeffrey Epstein <jeevacation@gmail.com>

Subject: RE: Re:

Date: Tue, 08 Sep 2009 16:36:45 +0000

Importance: normal

Sitting at my desk [REDACTED] for another hour!

From: Jeffrey Epstein <jeevacation@gmail.com>

Sent: Tuesday, September 08, 2009 9:18 AM

To: [REDACTED]

Subject: Re:

i see you forgot your statistics,, with an " n " of 1. not very exciting.. email me a number to call

On Tue, Sep 8, 2009 at 12:16 PM, <[REDACTED]> wrote:

well indeed..

i had to get numbers for [REDACTED].

[REDACTED] i wanted to ease back into workouts.

we did 7 trials of three different exercises (hot yoga, water running, weights)

we [REDACTED] etc.

we also got serious with [REDACTED]

i had [REDACTED]

over a 12 week period, i alternated with 4 weeks of each and guess which one showed the most dramatic improvement on every single metric?

i didn't want to try hot yoga and i thought it was stupid. lots of drama queens and women with issues looking for attention, blah blah blah. but, numbers don't lie.

-----Original Message-----

From: Jeffrey Epstein <jeevacation@gmail.com>

To: [REDACTED]

Sent: Tue, Sep 8, 2009 9:07 am

Subject: Re:

you need to back up your hot yoga benefits with real numbers.. the doc's in new york see more hot yoga or iyengar devotees , than any other exercise regimen in

[The entire original message is not included]