

**From:** Alford <[REDACTED]>  
**To:** jeffrey E. <jeevacation@gmail.com>  
**Subject:** Re:  
**Date:** Fri, 21 Oct 2016 20:07:40 +0000

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Ok no problem, we'll meet then.

No there is none at my gym, but there's one at yatch haven grand that's real good (Prana) and there's a chiropractor right next door to that as well...Rock City Wellness

"Make it so that even the capital you'll spend in the future, is working extremely hard for you today"  
-Unknown

On Oct 21, 2016, at 3:29 PM, jeffrey E. <jeevacation@gmail.com> wrote:

im in town all next week, lets dot it then. at your gyn is there a strong massuer or maseuse , ?

On Fri, Oct 21, 2016 at 3:22 PM, Alford <[REDACTED]> wrote:  
I get off at 4pm...would you be available to me and where if possible?

"Make it so that even the capital you'll spend in the future, is working extremely hard for you today"  
-Unknown

On Oct 20, 2016, at 9:35 PM, jeffrey E. <jeevacation@gmail.com> wrote:

Tomirw

On Thursday, October 20, 2016, Alford <[REDACTED]> wrote:  
Good night,

I'm on the 6am-4pm shift  
I'm off Wednesday and Thursday next week.

If any of this can work with your schedule maybe we can meet.

"Make it so that even the capital you'll spend in the future, is working extremely hard for you today"  
-Unknown

On Oct 15, 2016, at 11:32 AM, jeffrey E. <jeevacation@gmail.com> wrote:

Ok

On Saturday, 15 October 2016, Alford <[REDACTED]> wrote:

Ok,  
when you return back on island. I would like to share a venture and how I'm going to approach it. and get your feed back on it.

"Make it so that even the capital you'll spend in the future, is working extremely hard for you today"  
-Unknown

On Oct 15, 2016, at 10:31 AM, jeffrey E. <jeevacation@gmail.com> wrote:

No

On Saturday, 15 October 2016, Alford <[REDACTED]> wrote:  
Yes, I'm at work. Will you be pre-clearing?

"Make it so that even the capital you'll spend in the future, is working extremely hard for you today"  
-Unknown

On Oct 15, 2016, at 6:17 AM, jeffrey E. <jeevacation@gmail.com> wrote:

at the airport at 645 if you are around

On Mon, Jul 18, 2016 at 4:13 PM, Alford <[REDACTED]> wrote:  
Good afternoon, will you be available and on island on Thursday?

"Tell the world what you intend to do, but first show it"  
-Napoleon Hill

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