

**From:** Deepak Chopra <[REDACTED]>  
**To:** jeffrey E. <jeevacation@gmail.com>  
**Subject:** Re: thought  
**Date:** Wed, 12 Oct 2016 11:37:57 +0000

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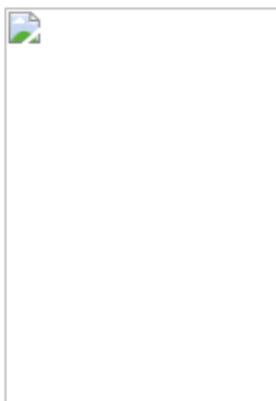
In yoga class  
This is a useful theme for future discussions



Deepak Chopra

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New Book: [Radicalbeauty.com](http://Radicalbeauty.com)



On Oct 12, 2016, at 6:33 AM, jeffrey E. <jeevacation@gmail.com> wrote:

i really like the concept of usefule construct vs uselss. construct go going?

On Wed, Oct 12, 2016 at 5:54 AM, Deepak Chopra <[REDACTED]> wrote:

see below

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[Chopra Foundation](#)  
[Jiyo](#)  
[Chopra Center for Wellbeing](#)

<OutlookEmoji-1473730260309\_9781101906026\_p0\_v4\_s192x300.jpg.jpg>



Every universe of every being is their own construct. Those with similar DNA agree most on the construct. The universe of a bacterium in a dish is much difference than ours, which is close to that of our dog while the bacterium's is closer to a yeast. These are all valid universes changing with the DNA-encoded perception of each species.

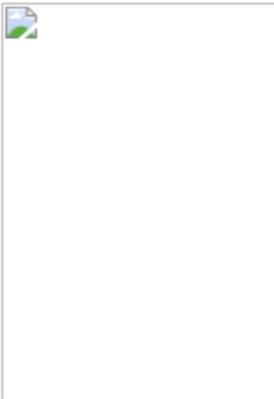
On Oct 11, 2016, at 8:40 PM, Deepak Chopra <[REDACTED]> wrote:

I cannot in all honesty  
I believe that the universe we experience is totally a human construct

Deepak Chopra

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On Oct 11, 2016, at 8:38 PM, [REDACTED] <[REDACTED]> wrote:

From: "Sperry Andrews" <[REDACTED]>

*"Deepak, Sperry, This is PERFECT. Love, Suzanne"* What makes mutual understanding "perfect" ? I find, the challenge here on this list, and in life, appears precarious at times. **Well, yes. Humans are not always stable, get easily frightened.** When we are, consciously aware of our non-verbal sensory/emotional experience - *which reliably allows our verbal-analytic minds to integrate their abstract concepts with what is intimately being sensed and felt* - we seem to agree. **Yes, but (1) you describe an ideal ego-free state. (2) It seem to be this is not yet 1 goal for the whole group so we don't benefit from task unification as we did before the list mergings. Their makes it harder but also better.** Otherwise, we go round and around in circles - *as if caught up in a dictionary of terms with different meanings for each of us* - often times becoming strident about what we wish to share more intelligently via mutual understanding. **(3) That's the different, opposing agendas. I for one would love to see us aspire to paradigm change.** In the absence of sharing non-verbally - *in a fully*

*embodied way* - as one single Self/Self aware consciousness, we learn from suffering - to un-learn these habits. I can see practice achieving that with basic criteria met first. Sperry, you are an able mediator. Love Suzanne

On Fri, Oct 7, 2016 at 5:28 AM, [REDACTED] <[REDACTED]> wrote:  
Deepak, Sperry,

This is PERFECT.

Love,  
Suzanne

-----Original Message-----  
From: Sperry Andrews <[REDACTED]>  
To: Deepak Chopra <[REDACTED]>  
Cc: [REDACTED]; terribillionairs <[REDACTED]>; carlo.monsanto <[REDACTED]>; daniel <[REDACTED]> BVR1001 <[REDACTED]>; Haramain <[REDACTED]>; jebco1st <[REDACTED]>; [REDACTED] <[REDACTED]>; rudytanzi <[REDACTED]>; subhashkak <[REDACTED]>; alvin.swimmer <[REDACTED]>; dyson <[REDACTED]>; glenrein <[REDACTED]>; kajobst <[REDACTED]>; mukhoak1953 <[REDACTED]>; s.lakshmanan <[REDACTED]>; [REDACTED] <[REDACTED]>; s.lakshmanan <[REDACTED]>; menas <[REDACTED]>; willbeing <[REDACTED]>  
Sent: Thu, Oct 6, 2016 6:32 pm  
Subject: Re: thought

With every new instant of perceptual activity, I feel our mortal forms more closely approximating what is constant.

On Thu, Oct 6, 2016 at 2:51 PM, Deepak Chopra <[REDACTED]> wrote:  
I find it existentially exhilarating

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On Oct 6, 2016, at 5:36 PM, [REDACTED] <[REDACTED]> wrote:

Hugs, Sperry,

With your 1st 5 lines. I have problems with the rest of what you say here. I find it existentially despairing.

Love,  
Suzanne

-----Original Message-----

From: Sperry Andrews <[REDACTED]>

To: [REDACTED]

Cc: Chopra Foundation <[REDACTED]>; terribillionairs <[REDACTED]>; Carlo Monsanto <[REDACTED]>; daniel <[REDACTED]> ELIZABETH A. RAUSCHER <[REDACTED]>; Haremein <[REDACTED]>; Jim Beichler <[REDACTED]>; Karla Galdamez <[REDACTED]>; Rudy Ianzi <[REDACTED]>; Subhash Kak <[REDACTED]>; alvin.swimmer <[REDACTED]>; dyson <[REDACTED]>; Glen Rein <[REDACTED]>; kajobst <[REDACTED]>; mukhoak1953 <[REDACTED]>; s.lakshmanan <[REDACTED]>; s.lakshmanan <[REDACTED]>; Menas Kafatos <[REDACTED]>; Millard Wohl <[REDACTED]>

Sent: Thu, Oct 6, 2016 2:36 pm

Subject: Re: thought

contemplating math symbolically,

when we divide 1 by an infinitely large number

we most closely approximate 0.

$1/\infty = 0$ ,

This "I" experiences being a singular unity that is continuously being divided by infinite variations on a theme,

re-creating what "I" AM BEING as an awakesness that is receiving and reflecting

some sense of all that ever was, is and will be, as no body going nowhere,

unborn, deathless, immeasurable, indivisible, timeless consciousness.

On Thu, Oct 6, 2016 at 11:25 AM, Sperry Andrews <[REDACTED]> wrote:

That which is 'not a thing' cannot be divided--contributing an essential, indispensable, 'eternal' constant to all forms.

On Thu, Oct 6, 2016 at 11:05 AM [REDACTED] <[REDACTED]> wrote:

Hugs, Sperry,

Hooray! You acknowledge there is form.

Your last sentence, however, for me, does not deal with form enough.

The point unfolded to make the ultimate case for indivisibility but even points are divisible.

Immortal is a theological concept which I believe applies (like eternal) only in the sense that atoms recycle.

Love,  
Suzanne

-----Original Message-----

From: Sperry Andrews <[REDACTED]>  
To: Deepak Chopra <[REDACTED]>  
Cc: [REDACTED] <[REDACTED]>; terribillionairs <[REDACTED]>;  
carlo.monsanto <[REDACTED]>; daniel <[REDACTED]> BVR1001  
<[REDACTED]>; Haramein <[REDACTED]>; jebco1st <[REDACTED]>;  
<[REDACTED]>; rudytanzi <[REDACTED]>; subhashkak  
<[REDACTED]>; alvin.swimmer <[REDACTED]>; dyson <[REDACTED]>  
glenrein <[REDACTED]>; kajobst <[REDACTED]>; mukhoak1953  
<[REDACTED]>; s.lakshmanan <[REDACTED]>  
s.lakshmanan <[REDACTED]>; menas <[REDACTED]>; willbeing  
<[REDACTED]>  
Sent: Wed, Oct 5, 2016 2:06 pm  
Subject: Re: thought

This - below - appears to be so to this " I . " Does any of 'this' make sense to any of 'you' ?

Without both hydrogen and oxygen there would be no water--which makes transient life possible.

The zen chant we all know, form is formlessness, formlessness is form, can be experienced by humanity as whole.

Without formlessness form would not transform in space over time. Without form formlessness would be nothing at all.

These two ingredients constantly mixing together, perpetuate their characteristics. Formlessness uniting all as one,

while forms attempt to perfect their capacity to be like formlessness--indivisible, immortal, all knowing consciousness.

On Wed, Oct 5, 2016 at 5:58 AM, Deepak Chopra <[REDACTED]> wrote:

"I " is not a person

The is no such thing as a person .

You are never the same person as a child infant teen ager older man/ woman

"I " is the awareness in which the so called person arises and subsides as an intermittent stream of sensations images feelings and thoughts . These in turn arise in " I " are known in " I " and are made out of " I " . " I " is infinite being ( formless ' ) having a finite experience as form . The form is an illusion as it is phenomena - an activity of the formless . All forms are phenomena . All phenomena arise and subside in every moment of now . The formless is the only reality . It is timeless being . You cannot hold on to a time bound phenomenon . It is not a "thing " . Even the " you " that you call " I " is a time bound phenomenon .

Nothing to hold on to and no one doing the holding on = Freedom in Being = Yoga

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On Oct 5, 2016, at 5:33 AM, [REDACTED] <[REDACTED]> wrote:

Hugs, Deepak:

A thought about [I Am The Universe](#):

There are millions of people, IN THE MAINSTREAM, who buy, for example, Greg Braden's books about cyclical universes. If they feel, accurately, that the universe is on an irreversibly downward spiral, I don't think they'll be calmed or comforted by a concept claiming what your title claims.

Can you find some way to say what you must while adding to it?

Much love,  
Suzanne

Dr. Rudolph E. Tanzi  
Joseph. P. and Rose F. Kennedy Professor of Neurology  
Harvard Medical School  
Vice-Chair, Neurology; Director, Genetics and Aging Research Unit  
Massachusetts General Hospital  
114 16th Street  
Charlestown, MA, 02129

<http://www.mghmind.org/faculty/Tanzi>  
<http://dms.hms.harvard.edu/neuroscience/fac/tanzi.php>

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please note

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