

**From:** Deepak Chopra <[REDACTED]>

**To:** Poonacha Machaiah <[REDACTED]>

**CC:** "[REDACTED]" <[REDACTED]>

**Subject:** Re: Intro to Dr. Deepak Chopra & Kalarichikilsa Synergy

**Date:** Sat, 01 Oct 2016 17:34:58 +0000

**Attachments:** PastedGraphic-1.tiff

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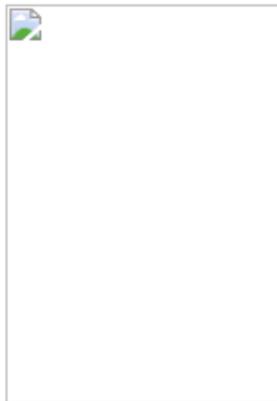
V keen to conduct the research  
Hope to meet Guruji when in India next time



Deepak Chopra

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Carlsbad, CA 92013

New Book: [Radicalbeauty.com](http://Radicalbeauty.com)



On Oct 1, 2016, at 10:28 AM, Poonacha Machaiah <[REDACTED]> wrote:

Dear Guruji,

Thanks again for your time today. I enjoyed our conversation and grateful to you for sharing your insights on Kalarichikilsa and healing. As per my conversation I am copying Dr. Deepak Chopra, and I have briefed him on our discussion. I would like the opportunity for us to explore synergies to collaborate on sharing the wisdom of healing to the world and also validating some of the therapies via scientific research. We would also like to document the various therapies via our ISHAR (<http://isharonline.org/>) initiative.

Sharing some of the links on the research papers that we published on the meditation, panchkarma, etc.

<http://www.choprafoundation.org/wp-content/uploads/2015/08/srep32609.pdf>

<http://www.mountsinai.org/about-us/newsroom/press-releases/systems-biology-research-study-reveals-benefits-of-vacation-and-meditation->

Look forward to our continued discussion and look forward to being back at the ashram to explore synergies.

With gratitude,

Poonacha

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Poonacha Machaiah  
Co-Founder & CEO - Jiyo  
Board of Advisors - The Chopra Foundation

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