

From: Deepak Chopra <[REDACTED]>
To: Anoop Kumar <[REDACTED]>
Subject: Re: Aré You sure
Date: Wed, 10 Aug 2016 13:43:44 +0000

The universe is what consciousness looks like to itself when experienced perceptually .

Deepak Chopra
[REDACTED]
[REDACTED]


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On Aug 10, 2016, at 7:56 AM, Anoop Kumar <[REDACTED]> wrote:

Energy is the flux of consciousness - the apparent activity of consciousness. Information is the pattern of that activity. One doesn't manifest without the other. There is no pattern without patterning. This definition of energy as the activity of consciousness can bridge subjective and objective forms of it, prana and Joules, for example. I have included an exposition of this in the coming book. It's kind of a crazy book 💎💎

The recognizable universe is a patterning of consciousness. The essential universe is consciousness itself.

On Aug 10, 2016 7:36 AM, "Deepak Chopra" <[REDACTED]> wrote:

Agree

Deepak Chopra
[REDACTED]
[REDACTED]


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On Aug 10, 2016, at 7:21 AM, Anoop Kumar <[REDACTED]> wrote:

Agree. The importance of energy and information is not that it yields truth per se, but rather it provides a conceptual bridge between matter and consciousness, a few steps in between.

There is still a need in society to account for experience scientifically / philosophically, specifically in a way that converges multiplicity unto consciousness. For a mainstream mind, that has to start by acknowledging the apparent ubiquity of multiplicity, of experiences. Energy and information too are

ubiquitous in that frame of mind. That makes them powerful, capable concepts because all experience can converge in their experience.

It's like the mahavakya pragjnanam brahma - which helps the seeker consolidate all experience into a symbol of consciousness. Then the symbol is released. It eases and makes the scientific mind single-pointed.

On Aug 10, 2016 4:42 AM, "Deepak Chopra" <[REDACTED]> wrote:

Energy and information are human concepts
There is only experience and the knowing of experience in awareness
Truth can never be experienced by a system of thought - scientific religious or philosophical

Deepak Chopra

[REDACTED]
[REDACTED], [REDACTED]



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On Aug 9, 2016, at 10:21 PM, Anoop Kumar <[REDACTED]> wrote:

Sure about?

...energy and information being the scientific bridge between matter and consciousness? Yes. Ultimately I think love, justice etc will also be seen as information when using a scientific lens.

...spirituality being old news? Comes down to definitions. I think spirituality today has become too much of an -ity. We don't have to reject it, but it needs to loosen up. I think a deft story of practicality today is more relevant than the popular form of the spirituality story.

On Aug 9, 2016 6:36 PM, "Deepak Chopra" <[REDACTED]> wrote:

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