

**From:** "jeffrey E." <jeevacation@gmail.com>  
**To:** Peter Attia <[REDACTED]>  
**Subject:** Re: Got a min? Spoke with spine guy.  
**Date:** Fri, 29 Jul 2016 15:26:03 +0000

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tomorw

On Fri, Jul 29, 2016 at 11:12 AM, Peter Attia <[REDACTED]> wrote:

Yes. Are you doing today?

**Peter Attia, M.D.** | Attia Medical, PC

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**From:** jeffrey E. [mailto:[jeevacation@gmail.com](mailto:jeevacation@gmail.com)]  
**Sent:** Friday, July 29, 2016 8:10 AM  
**To:** Peter Attia  
**Subject:** Re: Got a min? Spoke with spine guy.

i assume static flex and ext , good

On Thu, Jul 28, 2016 at 3:18 PM, Peter Attia <[REDACTED]> wrote:

**Peter Attia, M.D.** | Attia Medical, PC | [REDACTED] (m)

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