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**Subject:** Update and Young NYC!  
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Dear Jeffrey,

Hello! I hope this finds you well!

I wanted to give you an update, and let you know that I am once again team captain of the Young NYC team for the Crohn's and Colitis Foundation Take Steps New York walk, which takes place this year [on May 12](#) at the Seaport.

I am now in my junior year at Amherst College, where I am a Math/Art History double major. This past Fall, I spent the semester in Rome, and had a truly amazing time living in what is now my second favorite city, walking to school each day to classes just across the bridge from Castel St. Angelo. It was in some ways a life-altering experience that is responsible for my decision to go for a second major in Art History in addition to my already declared Math Major. The semester abroad helped inspire me to a potential career path, and I am now waiting to hear from Sotheby's on my application for thier highly competitive Summer Internship Programme that starts in June—fingers crossed!

As for my Crohn's, it is a constant challenge to manage the disease. This past Fall when I attended Oktoberfest in Munich with friends from Amherst and Spence, some people got sick from weird food on the last day, but they were better within 48 hours. Because of having Crohn's, I went through several weeks of severe illness. I am very thankful, however, that I did recover. I am generally doing well thanks to a healthy lifestyle and a treatment regimen that includes relatively new biologics developed over the past decades with significant financial support from the Crohn's and Colitis Foundation.

You have been such a generous supporter of my walk team in the past. I hope you will consider supporting us again this year in our fight for a cure.

I think of you often and am so grateful for your friendship, and for your kind support of the CCFA.

Fond Regards,  
Caitlin