

From: Peter Attia <[REDACTED]>
To: jeffrey E. <jeevacation@gmail.com>
Subject: Re: Heard back from my lipid gurus/mentors
Date: Sun, 28 Jun 2015 22:11:52 +0000

Unlike you I only have one! [REDACTED]

On Jun 28, 2015, at 4:57 PM, jeffrey E. <jeevacation@gmail.com> wrote:

number

On Sun, Jun 28, 2015 at 5:53 PM, Peter Attia <[REDACTED]> wrote:
Sure try me.

On Jun 28, 2015, at 4:46 PM, jeffrey E. <jeevacation@gmail.com> wrote:

it will have to wait ,, guests have arrived maybe 2 hours from now?

On Sun, Jun 28, 2015 at 5:43 PM, Peter Attia <[REDACTED]> wrote:
I'm not even asking.... What #? Should be in taxi in 30 min.

On Jun 28, 2015, at 4:41 PM, jeffrey E. <jeevacation@gmail.com> wrote:

lets try, may have to delay as secret service now sniffing the house

On Sun, Jun 28, 2015 at 5:38 PM, Peter Attia <[REDACTED]> wrote:
Will be when off this plane. Have. 30 min taxi ride. Good?

On Jun 28, 2015, at 4:19 PM, jeffrey E. <jeevacation@gmail.com> wrote:

free?

On Sun, Jun 28, 2015 at 4:42 PM, Peter Attia <[REDACTED]> wrote:

Yes, low coQ10 makes statins less tolerable, but different ways to replenish. Trace evidence favors one over the other.

Also B12 and methylfolate.

From: jeffrey E. [mailto:jeevacation@gmail.com]
Sent: Sunday, June 28, 2015 1:40 PM
To: Peter Attia
Subject: Re: Heard back from my lipid gurus/mentors

co q 10? b12? , im free to speak at 530 eastern. or after 8

On Sun, Jun 28, 2015 at 4:37 PM, Peter Attia <[REDACTED]> wrote:

Yes, I think we'll try livalo, ubiquone, trilipix, metformin + big nutrition/exercise overhaul.

Is your doc going to handle or do you want me to? I don't like stepping on docs toes.

If you can't tolerate the livalo, we'll definitely move to PCSK9i in summer.

From: jeffrey E. [mailto:jeevacation@gmail.com]
Sent: Sunday, June 28, 2015 1:35 PM
To: Peter Attia
Subject: Re: Heard back from my lipid gurus/mentors

statins?

On Sun, Jun 28, 2015 at 4:33 PM, Peter Attia <[REDACTED]> wrote:

Yes, they agree with diagnosis. We have much to discuss. They think it's crazy that you're walking around with no meds on board!

From: jeffrey E. [mailto:jeevacation@gmail.com]
Sent: Sunday, June 28, 2015 1:31 PM
To: Peter Attia
Subject: Re: Heard back from my lipid gurus/mentors

did they agree with your 2b etc

On Sun, Jun 28, 2015 at 4:14 PM, Peter Attia <[REDACTED]> wrote:

Regarding your "interesting" case.

Peter Attia | [Nutrition Science Initiative \(NuSI\)](#) | President [REDACTED] (o) | www.nusi.org

Confidentiality Notice: This e-mail is confidential and intended only for the recipients listed above. If you have received this e-mail in error, please delete it immediately and inform the sender of the error or contact info@nusi.org

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved