

From: Jeffrey Epstein <jeevacation@gmail.com>
To: afri xp <[REDACTED]>
Subject: Re:
Date: Mon, 26 Nov 2012 02:43:10 +0000

its like training for a marathon, Im with you

On Sun, Nov 25, 2012 at 6:14 PM, afri xp <[REDACTED]> wrote:
Txs a lot Brother for the advise. I really appreciate and will follow advice.

See u soon and will call u tmrw

---- Envoyé avec BlackBerry® d'Orange ----

-----Original Message-----

From: Jeffrey Epstein <jeevacation@gmail.com>
Date: Sun, 25 Nov 2012 13:44:34
To: <[REDACTED]>
Subject:

exercise and sleep. , you MUST stay mentally strong. watch movies. do anything that takes your mind off of the issues for awhile.. waking up in the middle of the night is normal

--

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of Jeffrey Epstein

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com <<mailto:jeevacation@gmail.com>> , and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved

--

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of Jeffrey Epstein

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited

and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved