

From: "jeffrey E." <jeevacation@gmail.com>
To: Joscha Bach <[REDACTED]>
Subject: Re:
Date: Wed, 27 Jun 2018 22:39:37 +0000

inflamed rarely bleeds .

On Wed, Jun 27, 2018 at 6:34 PM, Joscha Bach <[REDACTED]> wrote:
<https://www.foodnavigator.com/Article/2017/01/12/High-red-meat-intake-a-risk-factor-for-an-inflamed-gut-Harvard-study>

On Jun 27, 2018, at 6:17 PM, jeffrey E. <jeevacation@gmail.com> wrote:
unlikely the cause. cow meat. meat doesnt cause bleeding. . hemorrhoids do

On Wed, Jun 27, 2018 at 6:16 PM, Joscha Bach <[REDACTED]> wrote:
The steak diet project will have to be diminished; I got a serious bowel inflammation. No pain or other warning signals, but surprisingly profuse bleeding. I was probably too optimistic about my ability to switch to full-on meat eating after 29 years without a period of adaptation.

On Jun 24, 2018, at 8:19 AM, jeffrey E. <jeevacation@gmail.com> wrote:
do you snore , how is the steak diet doing.

--
please note
The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE
Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved

--
please note
The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of

JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of

JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved