

**From:** Jeffrey Epstein <jeevacation@gmail.com>

**To:** [REDACTED]

**Subject:** Re:

**Date:** Mon, 07 Dec 2009 08:09:48 +0000

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look at the legs and asses and bodies of female squash players. not what you want. it is not aesthetic. dance swimming squats, jumpers. no short stops.

On Mon, Dec 7, 2009 at 2:57 AM, [REDACTED] <[REDACTED]> wrote:

Well, I am glad I am not in bed next to you right now because if you touched my ass I would have to scream :) You lunge most of the hour during squash and run as fast as you can taking long steps low to the ground...my burning ass says something worked.

Sent via BlackBerry by AT&T

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**From:** Jeffrey Epstein <jeevacation@gmail.com>

**Date:** Mon, 7 Dec 2009 02:48:44 -0500

**To:** [REDACTED] <[REDACTED]>

**Subject:** Re:

no , squats not squash.. ... lunges not lunches. . you need to tone your lower -not upper body. your fingers are already in good shape. exercise !!!

On Mon, Dec 7, 2009 at 2:37 AM, [REDACTED] <[REDACTED]> wrote:

You didn't bring [REDACTED]? And where is [REDACTED]?

I can barely move my fingers to type..I am sore in every part of my body. I went to the gym and took a squash lesson. My whole arms and legs were bright red, my clothes soaked and I was very close to fainting; now I can't sit on my ass or even sleep on it. The trainer told me I should drop everything and train for the olympics because he has never in 20 years seen a beginner play so well :-)) and no, he wasn't trying to pick me up

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**From:** Jeffrey Epstein <jeevacation@gmail.com>

**To:** [REDACTED] <[REDACTED]>

**Sent:** Mon, December 7, 2009 2:19:30 AM

**Subject:** Re:

for your info. [REDACTED] has been traveling with her boyfriend , so there is no one here. [REDACTED] is coming to help. i am faxing, answering phones, making food. by myself.

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