

**From:** "jeffrey E." <jeevacation@gmail.com>  
**To:** Deepak Chopra <[REDACTED]>  
**Subject:** Re: There is no rock  
**Date:** Mon, 12 Feb 2018 18:02:29 +0000

---

sorry , but the rock is not a rock it is a projection of a local awareness . when there is a critical mass of local awareses it seems to be material. nothing more. as the rock is diffenet to each consciosness localized :)

On Mon, Feb 12, 2018 at 12:55 PM, Deepak Chopra <[REDACTED]> wrote:

Thoughts on the flight from Dubai to LA :

A rock is the most solid example of a material object . However , before an object can be labeled a rock , it is an experience ; it is a sensation , a color, a shape , a form, a gritty taste , a smell . These are perceptual activities in consciousness / awareness, known in consciousness , labeled in consciousness and modified forms of consciousness . A rock is a modified form of consciousness . The same applies to a mountain or a galaxy or an atom . In fact atoms particles and waves are even more abstract notions for modes of subtle knowing and experience in consciousness .

The same principle applies to that which we call a hand , a brain , a body , a neural correlate . They are modified forms of consciousness . The entire universe and all manifest existence is a modification of formless awareness .

Awareness existence being are synonymous .

Form and formlessness alternate as eternal existence .

This principle applies to all human constructs , including Big Bang , cosmic and biological evolution.

Manifest existence is a notion.

Deepak Chopra MD

[REDACTED]  
[REDACTED]  
[Chopra Foundation](#)  
[Jiyo](#)  
[Chopra Center for Wellbeing](#)

1486494082887\_email-signature-order.jpg

Deepak Chopra MD

[REDACTED]  
[REDACTED]  
[Chopra Foundation](#)  
[Jiyo](#)  
[Chopra Center for Wellbeing](#)

1486494082887\_email-signature-order.jpg

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to [jeevacation@gmail.com](mailto:jeevacation@gmail.com), and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved