

**From:** Gino Yu <[REDACTED]>  
**To:** "jeffrey E." <jeevacation@gmail.com>  
**Subject:** Re: Written by someone I'm mentoring  
**Date:** Wed, 17 Jan 2018 17:55:17 +0000

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I just shared with you a message that I got from someone that I am mentoring based upon the stages model. Her message popped up as I was about to write to you to see if you were around or knew people here I should meet and I shared it with you.

The caravan trip has been really wonderful in meeting people that are "stage 3." These are people who are developing a different perspective of reality and discovering the gifts that they have. Also in rallying others who have a strong interest in this area. Among the new projects emerging include a base to use science based approach and Eastern practices to help sort these "stage 3" people out.

I understand that you were not happy with the results of the Cuba conference that you funded, but I feel that the work is very important toward helping people identify and recognise the gifts that they have which may not be accepted or well understood by society today. That is why your support is important to me (and why I am communicating to you my work), and why I am grateful for the path that your commitment of funds has given me the confidence to undertake.

My intention for sending you the mail is to show that it is relevant work and that people are benefiting. People that would not normally otherwise fit in are learning to accept themselves and that abilities beyond what society would consider "normal" are possible. New models are also possible such as the ALTERNATIVE PARADIGMS group are finding their way. New forms of knowing without knowing how one knows.

Gino

Sent from my iPad

On 17 Jan 2018, at 6:26 PM, jeffrey E. <jeevacation@gmail.com> wrote:

what prompted your asperger email?????

On Wed, Jan 17, 2018 at 11:46 AM, Gino Yu <[REDACTED]> wrote:

Am in Paris and was about to write you and it popped up. She is a classic "stage 3" in the model. Outlier who is intelligent, was traumatised when she was young (sexual abuse), and now gradually coming into her own and becoming self realised (can share our text interactions with her permission). Starting to develop special abilities.

This trip we've found a lot of stories like this (though she is more on the extreme side given her biographical history). Have been working with many such people with the model with good success.

Incidentally, she is based in NYC. Can set up a meeting if you have interest.

In London, I met with a group that leverages Iboga and spiritual traditions from Gabon to offer this:

*ALTERNATE PARADIGMS*

*Alternate Paradigms supports companies in their desire to be the very best they can be.*

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*With advanced spiritual technology, Alternate Paradigms can then implement solutions on both collective and individual levels, adjusting and recalibrating the company's culture, structure, tools and processes, optimizing human resources, roles, collaboration, and communication to align all to a common goal, direction, mission and energy.*

*Alternate Paradigms is the answer for companies that seek transformation and optimisation of company culture, processes or human resources through ethical approach and conscious growth, allowing themselves to develop seamlessly into a new entity with meaningful purpose.*

Interesting new models. Will come up with a big plan with Peter Fenwick and Rupert Sheldrake. Could also use the remainder of the 100K funds that you've offered me a while back. Getting really good results, but 2nd person modalities definitely required. Am seeing Kevin O'Regan tomorrow for lunch:

<http://nivea.psycho.univ-paris5.fr/>

Our event in Paris is tonight (<https://www.eventbrite.hk/e/evolving-caravan-edge-of-consciousness-tour-france-tickets-40777264897?ref=eios&aff=eios>).

Gino

Sent from my iPad

On 17 Jan 2018, at 4:43 PM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)> wrote:

What prompted this

On Wed, Jan 17, 2018 at 10:06 AM Gino Yu <[REDACTED]> wrote:

Destroying trolls one day at a time. This trend of bullying people who think differently by laughing at their journey is over. I will not stop standing up for myself and people like me. We're not crazy. We are fucking geniuses.

Finally getting my official IQ test so I can shut you haters the fuck up. I will be a Mensa member mark my words. I took IQ tests for money when I was in high school to help a psychologist with her PhD dissertation. I always scored in the 98th percentile on standardized testing besides math, that was 93. That means I tested higher than 95.5 of the population. This is without studying, skipping and sleeping through most classes, being addicted to drugs and generally not giving a fuck about outcomes, just being really competitive and interested in knowledge. I'll never forget her face when she sat me and my parents down to tell me how well I tested.

I'll never forget the doctors faces when they reviewed my X-rays, CT and MRI scans following trauma to my skull from my ex. They feared irreparable brain damage but found to their surprise my brain was in fact incredibly healthy, more brain activity than the average person, enlarged corpus collosum just like Albert Einstein. A trait that now is linked to autism, a disease that runs in my family, two of my cousins have been diagnosed, I worry we all have a tinge of it. Other science has suggested it could be an

adaptation to prevent against Alzheimer's, a disease which runs heavily in my blood line, has taken the lives of so many of my ancestors, a disease I believe developed as a maladaptation to trauma. I think somehow my genes mutated to gift me this adaptation that would save me from the fate I could have faced.

I think I have Asbergers. In fact I know it. I've been telling everyone this since the day I learned it's existence in my psychology class. No one ever wanted to believe me or admit they suspected it either out of fear that it would destroy me but holy shit accepting this diagnosis is freeing me from my internal suffering, the fighting with myself. I need the world to understand we need to educate people with diagnoses, not hide it from them while we attempt to treat and "heal" them without asking how they want to be treated.

My SAT I skipped every preparation class and smoked weed and drank instead. Came in determined to outscore my highly intelligent, blue ribbon, honor roll classmates. Oh and I wanted to get out of there as soon as possible. So I got myself through the tests essentially by guessing and rushing. I was so unbothered by stress that I trusted my intuition instead of expecting myself to know every thing. This is how I outscored my classmates who had to retake tests and prepare like their lives depended on it. I think they let their parental and societal pressure make their lives so much harder.

Somehow I knew I didn't have to choose success or happiness. I knew I could do what I wanted and still do well in life. I think mg unwavering belief in myself and good luck is what got me as far as I did. Fuck I just wish my story could motivate people to be themselves so much harder and stop being paralyzed by performance anxiety and just know they're gonna kill it.

Yeah I'm taking the IQ test again. I need to know the results. I need to reap the benefits of the community of people like me. I know I deserve a little help for as long as I've suffered. I encourage all of you to do the same. We all deserve to be rewarded for our suffering in one way or another. Seek help, seek answers, seek diagnosis these things set you free

Sent from my iPad

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