

**From:** Peter Attia <[REDACTED]>  
**To:** jeffrey E. <jeevacation@gmail.com>  
**Subject:** RE: Re:  
**Date:** Sun, 24 Dec 2017 16:06:00 +0000

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I learned a lot about myself for sure. No idea where to go from here.

**Peter Attia, M.D.** | Attia Medical, PC

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**From:** jeffrey E. [mailto:jeevacation@gmail.com]  
**Sent:** Saturday, December 23, 2017 7:18 PM  
**To:** Peter Attia <[REDACTED]>  
**Subject:** Re:

Yes hope it's better

On Sat, Dec 23, 2017 at 8:30 PM Peter Attia <[REDACTED]> wrote:

Just spent 2 weeks off the grid. Heading back to CA now. Very tough time. When are you back in NYC?  
I assume you're in FL these days?

**Peter Attia, M.D.** | Attia Medical, PC

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**From:** jeffrey E. [mailto:jeevacation@gmail.com]  
**Sent:** Saturday, December 16, 2017 10:31 AM  
**To:** Peter Attia <[REDACTED]>  
**Subject:**

news/

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please note

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