

From: Deepak Chopra <[REDACTED]>

To: jeffrey E. <jeevacation@gmail.com>

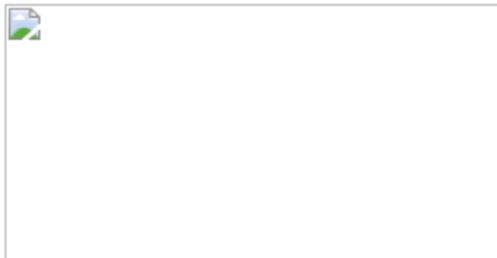
Subject: Re: Re:

Date: Sun, 26 Nov 2017 17:11:54 +0000

Inline-Images: emoji_u1f3fd.png; Outlook-1502746469.png; Outlook-1502746469(1).png

Waking up is the only option

<http://www.sfgate.com/opinion/chopra/article/How-Reality-Is-Made-The-Play-of-Consciousness-12298462.php>



How Reality Is Made: The Play of Consciousness - SFGate

www.sfgate.com

It's a peculiar part of being human that we have both a mind and consciousness but cannot tell them apart. The difference is that the mind is constantly in motion ...

Deepak Chopra MD



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From: Deepak Chopra

Sent: Sunday, November 26, 2017 12:07:24 PM

To: jeffrey E.

Subject: Re: Re:

Detach

Deepak Chopra MD




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From: jeffrey E. <jeevacation@gmail.com>

Sent: Sunday, November 26, 2017 11:18:57 AM

To: Deepak Chopra

Subject: Re: Re:

Just harassed

On Sun, Nov 26, 2017 at 9:42 AM Deepak Chopra < > wrote:

What I you referring to ? I agree with the quote

Truth is an elusive seductive goddess. Always pusued by some of us but never caught.

Deepak Chopra MD





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From: jeffrey E. <jeevacation@gmail.com>

Sent: Sunday, November 26, 2017 6:24:49 AM

To: Deepak Chopra

Subject: Re:

I think that it is a relatively [good](#) approximation to [truth](#) — which is much too [complicated](#) to allow anything but approximations. von neuman

On Sat, Nov 25, 2017 at 7:40 PM, Deepak Chopra < > wrote:

I'm taking a train from DC to NYC on Wed

Get to NYC by 530 PM
Could drop by around 7 or 730 PM if it works for you

Deepak Chopra MD



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On Nov 25, 2017, at 4:35 AM, jeffrey E. <jeevacation@gmail.com> wrote:

see you in new york wed-fri?

On Sat, Nov 25, 2017 at 7:29 AM, Deepak Chopra < > wrote:

It was extraordinary

I came to know death

It has not left me

I sat later for 10 hours in stillness - presence with no constructs , no stories .

I have no conflict , no quarrels , no judgement , no clinging , no desire to prove , convince , cajole or seduce.

I know that " I " is modifying itself endlessly as experience . The fullness of experience can only be known by letting go of it.

I am in Dan Diego then DC on Monday

NYC on Wed

Then mostly NYC Dec and Jan

Record PBS in Boston Dec 3 and 4

Speak at Harvard Dec 5

Have a new book in me - Meta Human - The next leap in evolution

European tour in April

You should come to my 2 day workshop with your girls in Switzerland in Zurich - small village in suburbs



Will be fun

Deepak Chopra MD

[REDACTED]

[REDACTED]

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On Nov 25, 2017, at 3:59 AM, jeffrey E. <jeevacation@gmail.com> wrote:

how was the rockefeller experience? where are you next week?

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