

From: [REDACTED] <[REDACTED]>

To: JE Jail <jeevacation@gmail.com>

Date: Mon, 10 Dec 2012 15:06:10 +0000

Jeffrey, You seem to be in a bad mood quite a bit...

Let me guess...Your next girlfriend has become inexplicably jealous, she doesn't want you to see some other girl, nothing gets done on time and nobody is working hard enough. You feel taken advantage off. Close enough? I haven't been around for a while, wouldn't it be strange if you had the same problems with different people? You had me and Sarah traveling with you and 100% devoted to you, now look at the people around you. Those are all your choices. Don't you think that alone should raise a flag about possible lapses in judgement?

You could have such a great, peaceful life if you realized that the problem is not everyone around you, it's actually you. Forgive my blunt honesty, but I suggest you consider making some changes. Perhaps you could start with lightening up a little and going back to being more honest and less manipulative. You have certainly been through a lot in the past years so it is understandable that it would affect your behavior. But you have changed so much! I think it could be really beneficial for you to talk to a professional. I say that as a concerned friend and I mean it in the nicest way.

If I am wrong about the problems, you can just ignore this email and enjoy your peaceful life. I have no agenda, I just want to help you.

No need to respond, just please think about it...