

From: Lydia Laurenson <[REDACTED]>
To: "jeffrey E." <jeevacation@gmail.com>
Subject: Re:
Date: Wed, 25 Oct 2017 22:30:29 +0000

Hi!

Thanks for the chocolate today. I appreciate your skeptical approach to discussions of research related to spirituality/whatever. Here's the energy work program I mentioned: <http://luminousawareness.com/two-year-program/>

The cost is a big factor for me, so I have been hesitating to take it, but since that's not a factor for you, you might want to check into it if you're interested. A lot of really smart people with hard STEM backgrounds take that course, and they report good results.

This is the textbook I recently read on consciousness. You probably already know most of the stuff in there. It documents a lot of research: <https://smile.amazon.com/Consciousness-Introduction-2nd-Susan-Blackmore/dp/0199739099/>

In general I'm fascinated by this area of research and practice and I'm interested in learning more about the results of any research you've sponsored (including the negative and inconclusive results). It seems incredibly difficult to prove or document anything in this arena -- and of course I understand that that's strong evidence that this stuff isn't real :) -- but following some recent experiences I'm just not ready to accept that it's not real... yet.

See you soon,
Lydia

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Lydia Laurenson
[Twitter](#) | [Facebook](#) | [Instagram](#) | [LinkedIn](#) | [Email Newsletter](#)

On 25 October 2017 at 14:01, jeffrey E. <jeevacation@gmail.com> wrote:
Ok

On Wed, Oct 25, 2017 at 1:58 PM Lydia Laurenson <[REDACTED]> wrote:
Hello! A small snafu on the subway so I am running a few minutes late, but I'm on my way -- see you soon!

On Wed, Oct 25, 2017 at 10:58 AM Lydia Laurenson <[REDACTED]> wrote:
Ok, see you then!

On Wed, Oct 25, 2017 at 10:48 AM jeffrey E. <jeevacation@gmail.com> wrote:
2 ok

On Wed, Oct 25, 2017 at 10:45 AM, Lydia Laurenson <[REDACTED]> wrote:
Today? Is there something at 3pm specifically or is 2pm okay?

On Wed, Oct 25, 2017 at 10:40 AM jeffrey E. <jeevacation@gmail.com> wrote:
can you come at 3?

On Wed, Oct 25, 2017 at 10:35 AM, Lydia Laurenson <[REDACTED]> wrote:
Yeah I'm here through November 1st, why?

On Wed, Oct 25, 2017 at 6:19 AM jeffrey E. <jeevacation@gmail.com> wrote:
you sitll in new york?

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