

**From:** Jeffrey Epstein <jeevacation@gmail.com>

**To:** [REDACTED] >

**Subject:** Re:

**Date:** Sat, 18 Jan 2014 11:48:36 +0000

**Inline-Images:** w\Emoticon-openmouthedsmile[1].png

start on your knees

On Sat, Jan 18, 2014 at 7:33 AM, [REDACTED] > wrote:

Oh, sorry, I've just checked the email.

Will do! Honestly, this will be tough one. I have never been good friend with push ups 

**From:** [Jeffrey Epstein](#)

**Sent:** Saturday, January 18, 2014 10:41 AM

**To:** [REDACTED] [REDACTED]

i think you need to build now your breasts. slow heavy pushups . , flys , . pull downs etc. 8 times 3 reps.

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