

From: Gino Yu <[REDACTED]>
To: "jeffrey E." <jeevacation@gmail.com>
Subject: Re:
Date: Sat, 25 Nov 2017 00:38:42 +0000

Hi Jeffrey,

I just got back to Hong Kong. Just pinged Giuseppe regarding getting you summary notes. I had a program that had a list of the talks, but didn't get the abstracts to the talks. The team (Giuseppe, Ornella, and Peter Valdes Soza) are grateful for your sponsorship, without which, the event would not have been possible. I also offered to organise a gathering just for you in NYC after you were not able to attend (and they could not move the event).

For me, it was an eye-opening event to understand in two ways:

- 1) The time spent with Peter Fenwick and Fabio Babiloni on experiment design and the discussions I had with Babiloni on sub-cortical and cortical processing in relation to symbolic consciousness and the development of the psyche.
- 2) To understand the development of mental health in Cuba. There is strong interest in meditation and Eastern practices there. In fact, they are organizing another conference in April specifically on meditation that I may attend. They also have people that have developed special abilities (based upon my conversations with Nivaldo Hernandez Mesa).

After our meeting in NYC, I gave two more talks for "fringe groups" involved in a practice I don't condone, "psychedelic awakening" ([REDACTED] [spirituality-psychedelic-drug-users](#)) and was able to "work" on two of the subjects with very good results. They were "stage 3" from the model that I presented to you via Skype

([REDACTED] [G_Iqp2wNSfFLA?key=RGR3MGNYaW1LSTZMX2RaSzJIR2RjQIZQaUxQTE5R](#)) and the framework, combined with some practices that I gave them, were able to contextualise their experience and continue their personal development along a more mystical path. The methods and models that I've been developing were also applied to Joe Jr. who is now doing well (psychologically) and also becoming effective in entraining presence in others. He also accompanied me during the rest of my time in NYC and worked on many others (including Jim who you enquired about in one of the photos). I sent you some photos documenting some of our meetings.

After my talk at the Assemblage ([REDACTED]) many people including Jim (mentioned above) came to talk to me regarding their personal development and our time together following my talk has brought them greater clarity on their personal development. An example of another person who reached out to me is listed below. In San Francisco, I stayed with Masha and Varvara and helped to sort them out a bit. Lydia also came over and I spent some time with her helping her re-contextualize her awakening experience.

I was hoping to talk to you more about all of this in our meeting together. I see them as very positive signs, not only on the research side of developing experiments, but with very practical applications that are benefiting the lives of others (people that are in stage 3 to stage 4). The Polystery proposal and plans to put together a global network to develop research in this area and provide support for seekers and people in advanced stages of personal development.

I am grateful for the support thus far. When you offered me the 100K last year, my only request has been to support the Cuba Conference when they asked for 25K. My travel to see you, introductions to others, and the Vive that I bought for you, but have not yet installed, have come out of pocket. I feel like this year of exploring and your generous support, combined with others such as Wendy Ma who has funded me to run ([www.cgcs.org](#)) for the next 9 years, have given me greater confidence and resources to pursue the work I felt I've been put on this planet to do.

gino

Hello Gino,

My name is Jason. I attended your talk at Assemblage yesterday. I was sitting on the floor in front of you.

I don't even know what to say. I believe I've been in the process of awakening over the last couple of years of my life... I quit my job. Travelled. I've become the most broke I've ever been in my life. The last few months have been rough. I've been really depressed. Two weeks ago my girlfriend and I ate some psilocybin and something inside me has snapped. The way you spoke of someone breaking through or "popping" yesterday hit me hard. The whole last week I've felt in utter freefall. I don't feel like I am anything anymore. I've just spent the last two hours on the floor crying. It's the fourth time this week.

I don't know what I'm supposed to do. I feel like I'm standing on the threshold of a vast expanse of nothingness and I don't know what I am anymore. Where do I go from here? You mentioned connecting one's depression with the innate joy of being. I know I am alive, but I don't know in what way I am supposed to live now. How does anyone live in the world?

I'm sorry to reach out like this. I am just so unsure of what it is I am supposed to DO. I would appreciate any advice or guidance.

Jason.

On 25 Nov 2017, at 7:11 AM, jeffrey E. <jeevacation@gmail.com> wrote:

I paid for the cuba confrence as you asked. and separate from some photos. have received no summary notes. publication etc

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please note

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