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Subject: Fwd: Casting sins on Rosh Hashanah....
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Wishing you happy healthy 5775

Tashlich, from the Hebrew 'to throw' is an old rite, a relaxed moment during the solemn period of introspection and self evaluation. The ceremony is an opportunity to meet and greet friends. wishing a healthy and Happy New Year.

On Rosh Hashanah we symbolically cast our sins into the water, Tashlich.

During the afternoon of the first day of the Jewish New Year, Rosh Hashanah Jews traditionally go to the ocean, ponds, a stream or river to pray and throw bread crumbs into the water. Symbolically, the fish devour their sins. Occasionally, people ask what kind of bread crumbs should be thrown.

Here are suggestions for breads which may be most appropriate for specific sins, which you can implement:

For complex sins.....Multigrain
For ordinary sins.....White Bread
For particularly dark sins.....Pumpernickel
For twisted sins.....Pretzels
For tasteless sins..... Rice Cakes

For sins of indecision.....Waffles
 For sins committed in haste.....Matzoh
 For substance abuse.....Stoned Wheat
 For texting while driving.....Finger Food
 For use of heavy drugs.....Poppy Seed
 For committing auto theft.....Caraway
 For timidity/cowardice.....Milk Toast
 For erotic sins.....French Bread
 For loud cellphone talk.....Jawbreakers
 For silliness, eccentricity..... Nut Bread
 For not giving full value..... Shortbread
 For unnecessary chances..... Hero Bread
 For warmongering.....Kaiser Rolls
 For dressing immodestly.....Tarts
 For causing injury to others.....Tortes
 For lechery and promiscuity.....Hot Buns
 For promiscuity with gentiles.....Hot Cross Buns
 For racist attitudes.....Crackers
 For sophisticated racism.....Ritz Crackers
 For abrasiveness.....Grits
 For dropping in without notice.....Popovers
 For overeating..... Stuffing
 For impetuosity.....Quick Bread
 For indecent photography.....Cheesecake
 For raising your voice too often.....Challah
 For sycophancy, ass-kissing.....Brownies
 For laziness.....Any type of loaf
 For trashing the environment.....Dumplings
 For telling bad jokes/puns.....Corn Bread
 For pride and egotism.....Puff Pastry
 For excessive use of apps.....Biscotti

May your names be inscribed in the book of life.

תכתבו ותחתמו בספרהחיים

