

From: Deepak Chopra <[REDACTED]>

To: jeffrey E. <jeevacation@gmail.com>

Subject: Re: Re:

Date: Sun, 19 Aug 2018 12:35:41 +0000

Attachments: OutlookEmoji-1486494082887_email-signature-order.jpg.jpg

Inline-Images: OutlookEmoji-1486494082887_email-signature-order.jpg(1).jpg; Outlook-1515547941.png; Outlook-1515547920.png

Everything else is not worth it



Deepak Chopra MD

[REDACTED]

[Chopra Foundation](#)

[Jiyo](#)

[Chopra Center for Wellbeing](#)

[REDACTED]

1486494082887_email-signature-order.jpg

On Aug 19, 2018, at 8:14 AM, jeffrey E. <jeevacation@gmail.com> wrote:

interesting to counter boredom with more silence :)

On Sun, Aug 19, 2018 at 7:54 AM, Deepak Chopra <[REDACTED]> wrote:

Going for silence all week in Asilomar

Will be offline and media

Back in NYC early Sept

xoxo

Deepak Chopra MD

[2013 Costa Del Mar Road](#)

[REDACTED]

[Chopra Foundation](#)

[Jiyo](#)

[Chopra Center for Wellbeing](#)

<Outlook-1515547920.png>

<Outlook-1515547941.png>

[The Healing Self: A Revolutionary New Plan to Supercharge Your Immunity and Stay Well for Life](#)

From: jeffrey E. <jeevacation@gmail.com>
Sent: Saturday, August 18, 2018 6:14:36 PM
To: Deepak Chopra
Subject: Re:

When ny

On Sat, Aug 18, 2018 at 5:54 PM Deepak Chopra <[REDACTED]> wrote:

All going through
Bored !

Deepak Chopra MD

[REDACTED]

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[Jiyo](#)

[Chopra Center for Wellbeing](#)

[REDACTED]

<OutlookEmoji-1486494082887_email-signature-order.jpg.jpg>

On Aug 18, 2018, at 5:25 PM, jeffrey E. <jeevacation@gmail.com> wrote:

News?

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please note

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