

From: "jeffrey E." <jeevacation@gmail.com>

To: Deepak Chopra <[REDACTED]>

Subject: Re: Re:

Date: Sun, 19 Aug 2018 15:07:33 +0000

Attachments: OutlookEmoji-1486494082887_email-signature-order.jpg.jpg

Inline-Images: Outlook-1515547941.png; Outlook-1515547920.png

skype?

On Sun, Aug 19, 2018 at 8:47 AM, Deepak Chopra <[REDACTED]> wrote:

I can experience this in my silent retreat without any help from a substance

<https://www.frontiersin.org/articles/10.3389/fpsyg.2018.01424/full>

Its existence without human constructs

xo

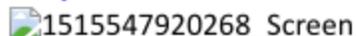
Deepak Chopra MD

2013 Costa Del Mar Road
[REDACTED]

[Chopra Foundation](#)

[Jiyo](#)

[Chopra Center for Wellbeing](#)

1515547920268_Screen

1515547941339_PastedImage

[The Healing Self: A Revolutionary New Plan to Supercharge Your Immunity and Stay Well for Life](#)

From: jeffrey E. <jeevacation@gmail.com>

Sent: Sunday, August 19, 2018 8:39:56 AM

To: Deepak Chopra

Subject: Re: Re:

almost

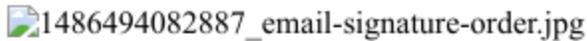
On Sun, Aug 19, 2018 at 8:35 AM, Deepak Chopra <[REDACTED]> wrote:

Everything else is not worth it



Deepak Chopra MD

[REDACTED]
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[REDACTED]


On Aug 19, 2018, at 8:14 AM, jeffrey E. <jeevacation@gmail.com> wrote:

interesting to counter boredom with more silence :)

On Sun, Aug 19, 2018 at 7:54 AM, Deepak Chopra <[REDACTED]> wrote:

Going for silence all week in Asilomar
Will be offline and media
Back in NYC early Sept
xoxo

Deepak Chopra MD
2012 Costa Del Mar Road

[REDACTED]
[Chopra Foundation](#)
[Jiyo](#)
[Chopra Center for Wellbeing](#)
<Outlook-1515547920.png>

<Outlook-1515547941.png>

[The Healing Self: A Revolutionary New Plan to Supercharge Your Immunity and Stay Well for Life](#)

From: jeffrey E. <jeevacation@gmail.com>
Sent: Saturday, August 18, 2018 6:14:36 PM
To: Deepak Chopra
Subject: Re:

When ny

On Sat, Aug 18, 2018 at 5:54 PM Deepak Chopra <[REDACTED]> wrote:
| All going through

Bored !

Deepak Chopra MD

[REDACTED]

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[Chopra Center for Wellbeing](#)

[REDACTED]

<OutlookEmoji-1486494082887_email-signature-order.jpg.jpg>

On Aug 18, 2018, at 5:25 PM, jeffrey E. <jeevacation@gmail.com> wrote:

News?

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