

From: "jeffrey E." <jeevacation@gmail.com>

To: Deepak Chopra <[REDACTED]>

Subject: Re: Re:

Date: Sun, 19 Aug 2018 20:06:18 +0000

Attachments: OutlookEmoji-1486494082887_email-signature-order.jpg.jpg

Inline-Images: Outlook-1515547920.png; Outlook-1515547941.png; Outlook-1515547941(1).png;
Outlook-1515547920(1).png

?

On Sun, Aug 19, 2018 at 12:29 PM, Deepak Chopra <[REDACTED]> wrote:

On a train !

Will connect xoxo

Deepak Chopra MD

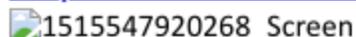
[2013 Costa Del Mar Road](#)

[REDACTED]

[Chopra Foundation](#)

[Jiyo](#)

[Chopra Center for Wellbeing](#)

1515547920268_Screen

1515547941339_PastedImage

[The Healing Self: A Revolutionary New Plan to Supercharge Your Immunity and Stay Well for Life](#)

From: jeffrey E. <jeevacation@gmail.com>

Sent: Sunday, August 19, 2018 11:07:33 AM

To: Deepak Chopra

Subject: Re: Re:

skype?

On Sun, Aug 19, 2018 at 8:47 AM, Deepak Chopra <[REDACTED]> wrote:

I can experience this in my silent retreat without any help from a substance

<https://www.frontiersin.org/articles/10.3389/fpsyg.2018.01424/full>

Its existence without human constructs

xo

Deepak Chopra MD

2012 Chopra D.M. P...
[Redacted]

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 1515547920268_Screen

 1515547941339_PastedImage

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From: jeffrey E. <jeevacation@gmail.com>

Sent: Sunday, August 19, 2018 8:39:56 AM

To: Deepak Chopra

Subject: Re: Re:

almost

On Sun, Aug 19, 2018 at 8:35 AM, Deepak Chopra <[Redacted]> wrote:

Everything else is not worth it



Deepak Chopra MD

2012 Chopra D.M. P...
[Redacted]

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[Redacted]

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On Aug 19, 2018, at 8:14 AM, jeffrey E. <jeevacation@gmail.com> wrote:

interesting to counter boredom with more silence :)

On Sun, Aug 19, 2018 at 7:54 AM, Deepak Chopra <[Redacted]> wrote:

Going for silence all week in Asilomar

Will be offline and media

Back in NYC early Sept

xoxo

Deepak Chopra MD

2013 Costa Del Mar Road

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[Chopra Center for Wellbeing](#)

<Outlook-1515547920.png>

<Outlook-1515547941.png>

[The Healing Self: A Revolutionary New Plan to Supercharge Your Immunity and Stay Well for Life](#)

From: jeffrey E. <jeevacation@gmail.com>

Sent: Saturday, August 18, 2018 6:14:36 PM

To: Deepak Chopra

Subject: Re:

When ny

On Sat, Aug 18, 2018 at 5:54 PM Deepak Chopra <[REDACTED]> wrote:

All going through
Bored !

Deepak Chopra MD

2013 Costa Del Mar Road

Carlsbad, CA 92009

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<OutlookEmoji-1486494082887_email-signature-order.jpg.jpg>

On Aug 18, 2018, at 5:25 PM, jeffrey E. <jeevacation@gmail.com> wrote:

News?

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