

**From:** soon yi previn <[REDACTED]>

**To:** Soon-Yi Previn <[REDACTED]>

**Subject:** interesting ted talk

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[REDACTED]  
[happiness?language=en](#)

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## What makes a good life? Lessons from the longest study on happiness

[REDACTED]

What keeps us happy and healthy as we go through life? If you think it's fame and money, you're not alone – but, according to psychiatrist Robert Waldinger, you're ...

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