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To: Jeffrey <jeevacation@gmail.com>
Subject: My update on Deep Adaptation
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Greetings Jeffrey

Since I last wrote, there are now a number of ways you can connect and learn with others about how we might prepare for disruptive impacts of climate change.

A Facebook [group with 2000+ members](#) is where people are discussing themes from psychological resilience to permaculture.

We have also launched the [Deep Adaptation Forum](#) for people who work on this agenda, or who intend to. There are interest groups in a range of areas, from community action to coaching and from politics to education. Members of the forum can participate in Q&As, such as [one I hosted last week](#).

I will be teaching leadership on [deep adaptation at the University of Cumbria](#), in a short course in the English Lake District in July, and then online from October. You can [ask me questions](#) about this course in a month. We are also co-hosting a [free one day event](#) on the topic in Lancaster, UK, also in July, along with a dozen other public talks in 2019 (see below).

Reaction to my [paper on Deep Adaptation](#) continues to amaze, with over 300,000 downloads of the pdf, and mainstream coverage, such as [Vice magazine](#).

If reading an academic paper isn't your thing then I recommend [the talk I gave in Bristol](#). If you have experienced some difficult emotions arising from this topic, then my short film on my own [journey through climate despair](#) may be of interest. In addition, I have updated a page of resources on [emotional support](#).

The topic raises many issues, and so I have been blogging about different aspects. For instance, on [food security](#), on [love and compassion](#) within the deep adaptation approach, and on [hope in the face of societal collapse](#).

If you are able to host events on this topic, either within your community or profession, then you can [apply for support](#) from the Deep Adaptation Forum.

Since the deep adaptation topic went viral, unfortunately I am not able to respond to the volume of emails I receive. A good way to find out more and work with others on the topic is through the new [Forum](#). If you just want to be updated, then I recommend subscribing to the forthcoming [Deep Adaptation Quarterly](#).

Thanks for listening!
Jem Bendell

PS: You receive this as we corresponded over the past years or months you didn't opt out when I asked. I send a no more than 4 mails a year. You can unsubscribe at anytime using the link below.

Upcoming public talks and workshops.

London. April 13th. **Social Collapse: Probability and Psychological Challenges** (Climate Psychology Alliance)

London, April 15th. Rebellion Day, **Extinction Rebellion**.

Preston, UK. April 29th. **Green Monday** Anti-fracking protest.

Ambleside, UK. April 30th. Q&A meeting with **Ambleside Action For A Future**. (By invitation only, apply [here](#))

Findhorn ecovillage, Scotland April 22nd. **Climate Change & consciousness** (via videolink)

Brussels, May 13th. European Commission. With Dougald Hine and others. Details to be announced.

Canada, May 23rd. **Canadian Society for Ecological Economics** keynote (via videolink)

Athens, Greece, June 6th. "Community Adaptation to Climate Breakdown" details to be announced.

Anyksčiai, Lithuania, June 21st. Q&A at **Anyksčiai Forest Festival** (via videolink)

Kalikalos retreat centre, Greece June 22-29th. **Inner resilience for tending a sacred unravelling**.

Lancaster UK, July 14th. "Lancaster Community Dialogue for Deep Adaptation" Using Open Space methods to explore implications and initiatives with communities in the North West of England. Free. 10am to 5pm. **Register**.

Cumbria UK, July 18-21st. **Certificate in Sustainable Leadership** short course, including sessions on Deep Adaptation.

Somerset UK, September 11-12th. **Green Earth Awakening camp 2019**, Buddhafield festival

Cumbria UK, September 18th. Deep Adaptation Public Lecture, Ambleside Campus. Time and registration link to be announced.

Cumbria UK, September 24-27th. **Deep Adaptation Retreat** (with Katie Carr).



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