

WOODSON C. MERRELL, M.D.
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NEW YORK, NEW YORK 10065

Telephone: [REDACTED]

Fax: [REDACTED]

Date: August 1, 2011

Patient: Jeffrey Epstein (Email: jeevacation@gmail.com)

- Contact your parathyroid specialist at Yale to let him know latest result of 104 (calcium normal at 96), and if he needs to do anything more
- Because of low blood folic acid blood test (low normal B12) and elevated homocysteine:
 - For now while in Europe, use a generic B complex; 50mg once daily
 - When back in NY, resume added FolaPro brand of folic acid by Metagenics; 1 daily
- Because of slightly elevated blood sugar screening test (hemoglobin A1c), avoid as much as possible all refined carbohydrates from your diet (e.g. sugar, white flour, white rice, potatoes, rolls, etc.) Use vegetables and minimal fruit as your main source of starches
- Your vitamin D is low normal (30, with normal 30-40); because of elevated PTH and risk of hypercalcemia, its best to keep it at this level.
- Your HDL (good) cholesterol is low and your LDL (bad) cholesterol is a bit high; these are improved, but still need some correction. Recheck cholesterol blood test in September
- I added DHEA to your blood test; the result will be back by Friday
- I don't recommend treating it, but if you want to have a consultation about low testosterone, my favorite consultant for this is senior Columbia urologist, Dr. Harry Fisch 944 Park Avenue NY NY 10028 - - [REDACTED] He has been using Clomid more successfully for this
- See me for a follow up in September/October, or sooner as needed

All supplements are available at:

Willner Chemists
100 Park Avenue
NYC, NY 10017

Life Science Pharmacy
144 Route 17M
Harriman, NY 10926

VitaHealth
1235 1st Ave
New York, NY 10065

[REDACTED]
Pharmacist: Scott Berliner

[REDACTED]
Pharmacist: David Restrepo