

From: How To Academy <[REDACTED]>

To: j <jeevacation@gmail.com>

Subject: An Evening with Martin Amis, Tolstoy, Greek Mythology, Happiness, Dreams, Tequila and major Art Evening.

Date: Tue, 23 Sep 2014 15:16:06 +0000

How to: Autumn Season and Highlights

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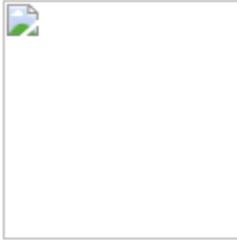


We are delighted to announce an Evening with **Martin Amis**, the acclaimed author of two collections of stories, six works of non-fiction, and thirteen previous novels, most recently *The Zone of Interest*. Martin Amis will be in conversation with Gaby Wood, Head of Books at the Telegraph.

There was an old story about a king who asked his favourite wizard to create a

magic mirror. This mirror didn't show you your reflection. Instead, it showed you your soul – it showed you who you really were. But the king couldn't look into the mirror without turning away, and nor could his courtiers. No one could.

What happens when we discover who we really are? And how do we come to terms with it? Fearless and original, *The Zone of Interest* is a violently dark love story set against a backdrop of unadulterated evil, and a vivid journey into the depths and contradictions of the human soul.



HIGHLIGHTS



30.09.2014

how to: Art Quarterly

with Betsy Wieseman, Kenny Schachter, Richard Wentworth, Susanna Brown

[Read more and book now](#)



01.10.2014

how to: Be Happy, or What You Want



25.09.2014

how to: Invest Your Money (and minimize the risk of disaster)

with Jonathan Davis

[Read more and book now](#)



27.09.2014 - 28.09.2014

how to: Read Tolstoy with Rosamund Bartlett

[Read more and book now](#)



26.09.2014:

how to: Make the Perfect Presentation

with Neil Chalmers

[Read more and book now](#)

Performed by Paul McGann and Simon Williams

with Constantine Phipps, Beatie Edney, Paul McGann and Simon Williams

[Read more and book now](#)



THOUGHT LEADERSHIP



14.10.2014

how to: The Marshmallow Test: Understanding self-control and How to master it

with Walter Mischel

A LUNCHTIME TALK from Walter Mischel, one of the World's most influential psychologists and inventor of the original 1960s marshmallow experiments.

" A child is presented with a marshmallow and given a choice: eat this one now, or wait and enjoy two later. What will she do? How will she resist? And how does her ultimate choice shed light on the kind of adult she 'll eventually become? "

The marshmallow studies have proven to predict - to a surprising degree - a child' 's chances for future success. Now in this lunchtime talk, Walter Mischel, the inventor of this landmark study and pioneer of the study of self-control shares what he' 's learned over decades of ground-breaking research and clearly explains how ...

[Read more and book now](#)



23.10.2014

how to: An Evening with Michael Sandel

with Michael J. Sandel

[Read more and book now](#)



16.10.2014

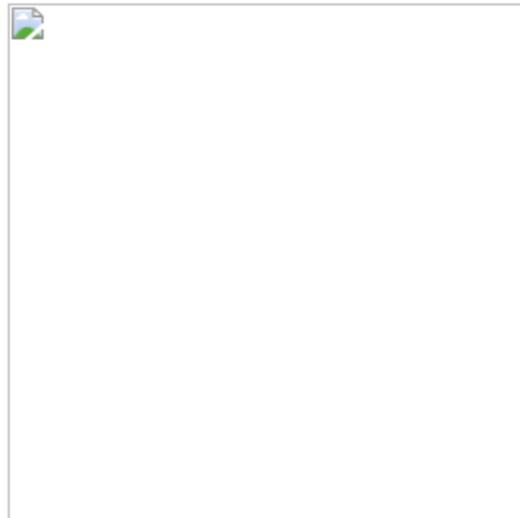
how to: A Bluffer's Guide to Politics

with Mary Ann Sieghart

[Read more and book now](#)

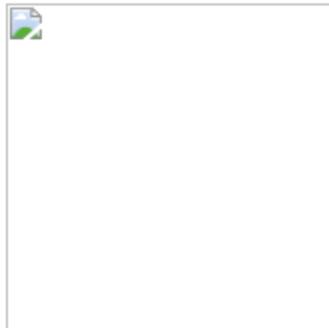


NEW EVENTS



13.11.2014

how to: A Bluffer's Guide to Greek



29.10.2014

**how to: Appreciate Tequila and
Mezcal**
with Tutor

[Read more and book now](#)

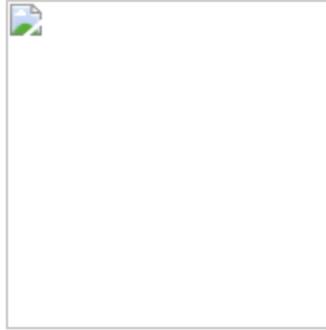
Mythology

with Philip Womack

What do you know about Medea, Electra, or Phaedra? Are figures like this all Greek to you? Greek myths are everywhere: on the stage, at the opera, in the galleries. It sometimes seems like you can't move for Olympians, nymphs and Titans. Whether you've forgotten everything you've ever read about the Greeks, or don't know your Odysseus from your Oedipus, this entertaining evening's talk will give you all you ever needed to know about some of the greatest stories ever told.

Philip Womack was educated at Lancing and Oriel College, where he read Classics and English. His second novel, *The Liberators*, takes Euripides' *Bacchae* as its starting point. He has taught Latin and Greek for a decade, and is a regular reviewer of books with classical themes. His third novel, the first in *The Darkening Path* trilogy, was published in June 2014.

[Read more and book now](#)



12.11.2014

how to: A Mind Makeover
with Sharron Lowe

[Read more and book now](#)



DON'T MISS: BUSINESS



13.10.2014

how to: Start a Business (For Women only)

with Anna Percy-Davis

[Read more and book now](#)



17.10.2014

how to: Sell Anything

with Gavin Presman

[Read more and book now](#)



20.10.2014

how to: Radically Improve Every Working Day

with David Pearl

[Read more and book now](#)



24.10.2014, 25.10.2014

how to: Write Better Copy: a masterclass in writing effective press ads, email/direct mail, web copy, brochures, newsletters and press releases that generate leads, build your brand and bring you business.

with Steve Harrison

[Read more and book now](#)



DON'T MISS: LIFESTYLE



28.10.2014



02.10.2014

how to: Interpret Your Dreams
with Philippa Perry

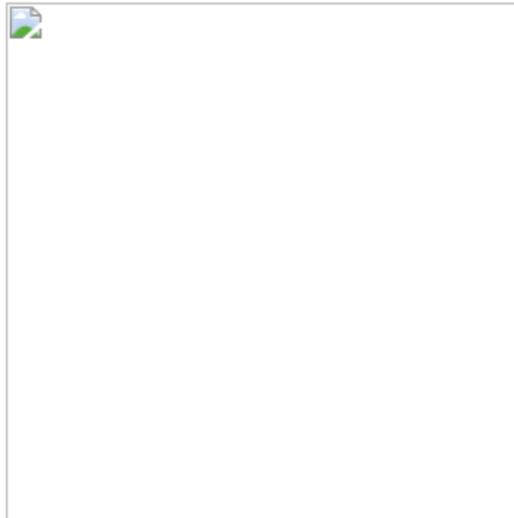
[Read more and book now](#)



15.10.2014
**how to: Breathe (A
Masterclass to change your
life)**
with Gerry Gajadharsingh DO
[Read more and book now](#)

**how to: Be Mindful
(Introductory Workshop)**
with Louise Chester

[Read more and book now](#)



09.10.2014
**how to: Dramatically Improve
Your Handwriting**
with Cherrell Avery
[Read more and book now](#)



FILM & THEATRE



22.10.2014



14.10.2014

**how to: An Evening
Masterclass in Film**

with Colin MacCabe

[Read more and book now](#)

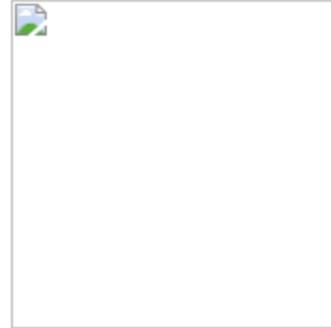
how to: Tennessee Williams: Mad Pilgrimage of the Flesh

with John Lahr

When The Glass Menagerie opened on 31 March 1945, it was greeted with rapturous acclaim and twenty-four standing ovations: Tennessee Williams spoke to a new America, liberated from years of wartime hardship. A homosexual, alcoholic, drug-addicted genius, Williams was raised in Mississippi, the son of a neurotic Southern belle and a hard-drinking travelling shoe-salesman. The most autobiographical of twentieth century playwrights, 'everything in his life', said Elia Kazan, 'is in his plays, and everything in his plays is in his life'. Their titles alone – A Streetcar Named Desire, The Night of the Iguana and Cat on a Hot Tin Roof – take us to the heart of a world of tense emotional truths and spiritual transformations.

Tennessee Williams has found his perfect biographer in John Lahr, legendary drama critic of the New Yorker and author of Prick Up Your Ears: The Biography of Joe Orton. In what promises to be an unforgettable evening, Lahr will discuss the on and off-stage dramas of Williams, including his early breakdown ...

[Read more and book now](#)



01.11.2014 - 02.11.2014

how to: Make a Film in a Weekend

with Bartek Dziadosz

Due to the popularity of this weekend, we're repeating it for the third time...

[Read more and book now](#)





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