

From: How To Academy <[REDACTED]>

To: j <jeevacation@gmail.com>

Subject: How to Academy: Autumn Season and Highlights

Date: Tue, 09 Sep 2014 15:21:09 +0000

How to: Autumn Season and Highlights

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HIGHLIGHTS



11.09.2014

how to: Know what we should Eat
(and ensure we lose Weight too)
with Vicki Edgson

[Read more and book now](#)



16.09.2014

how to: Develop Your Negotiating Skills
with Gavin Presman



18.09.2014

how to: Jazz – Ellington and Monk

with David Ogilvy, Dorian Ford

[Read more and book now](#)



30.09.2014

how to: Art Quarterly

with Betsy Wieseman, Kenny Schachter, Richard Wentworth, Susanna Brown

[Read more and book now](#)



19.09.2014

how to: Write Better English
(for Business or Pleasure)

with Sam Leith

[Read more and book now](#)

Read more and book now



DON'T MISS: BUSINESS SKILLS



22.09.2014

how to: Speak in Public

with Edie Lush

[Read more and book now](#)



23.09.2014

how to: Restarting your Career

with Anna Percy-Davis

[Read more and book now](#)



23.09.2014

how to: Use LinkedIn

with Rachel Spedding

[Read more and book now](#)



25.09.2014

how to: Invest Your Money (and minimize the risk of disaster)

with Jonathan Davis

[Read more and book now](#)



26.09.2014

how to: Make the Perfect Presentation

with Neil Chalmers

[Read more and book now](#)



25.09.2014

how to: Publish and Market Literary Work Using Crowdfunding

with Amanda Barbara

[Read more and book now](#)





DON'T MISS: CULTURE



01.10.2014



27.09.2014 - 28.09.2014

how to: Read Tolstoy
with Rosamund Bartlett

[Read more and book now](#)

how to: Be Happy, or What You Want Performed by Paul McGann and Pip Torrens

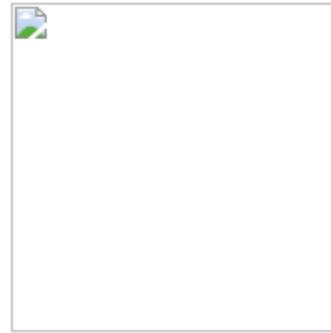
with Constantine Phipps, Paul McGann, Pip Torrens

What You Want is a dazzlingly original verse-novel about life, liberty and the pursuit of happiness.

Patrick is an ordinary man in free-fall. Following an overdose, he returns in a dream to the past: his marriage, his love of music, his inspirations and his infidelities. Employing the wisdom and guidance of luminaries including Dante, Freud, and Thomas Jefferson, Patrick explores the abiding question: How should we live?

In the cabaret space of the Tabernacle theatre, this unique performance by Pip Torrens and Paul McGann and directed by Beatie Edney, will return to us...

[Read more and book now](#)

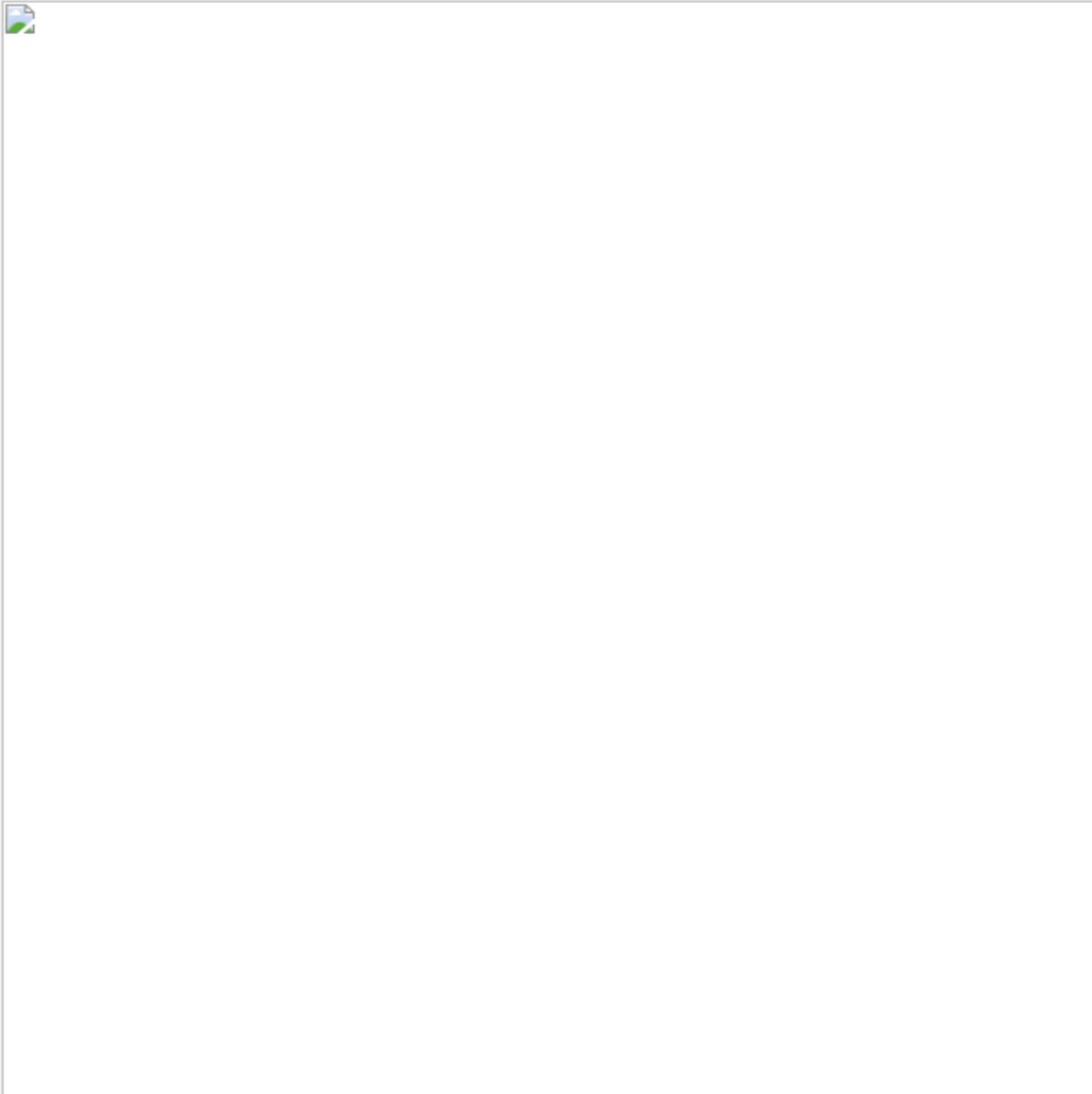


04.10.2014

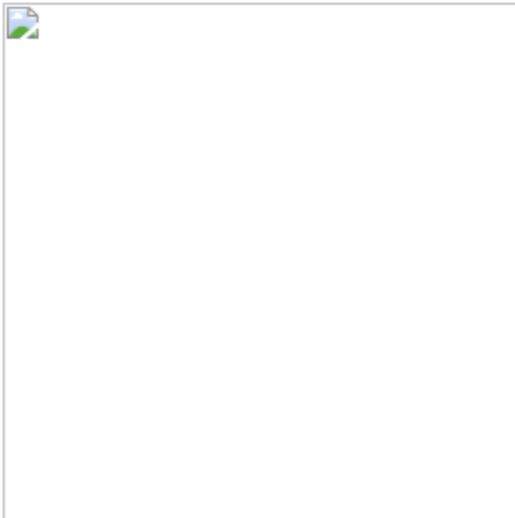
how to: Read Ulysses

with Colin MacCabe

[Read more and book now](#)



DON'T MISS: FILM & THEATRE



01.11.2014 - 02.11.2014

how to: Make a Film in a Weekend

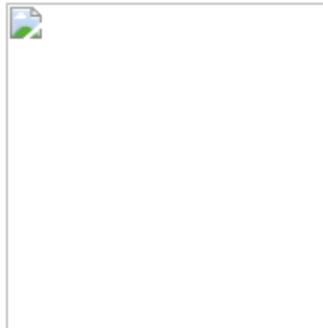
with Bartek Dziadosz

Impossible? Not if you attend one of these ingeniously thorough training courses. At 10am on Saturday you will learn how to switch on the camera, and by 6pm next day you will be in a cinema seat watching your own three-minute short on the big screen.

Due to the popularity of this weekend, we're repeating it for the third time...

A weekend course to introduce you to all aspects of film-making, from turning ideas into a script, planning the production process, operating the camera and discovering the joys of editing. You will learn how to weave narratives, make persuasive arguments and compose stunning shots. The major part of the course is a practical component, where you have an opportunity to work with ...

[Read more and book now](#)

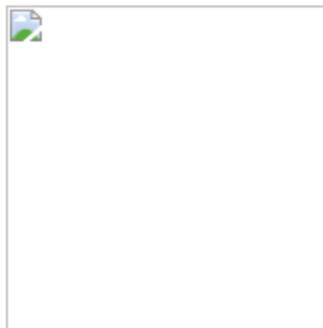


14.10.2014

how to: An Evening Masterclass in Film

with Colin MacCabe

[Read more and book now](#)



22.10.2014

how to: Tennessee Williams: Mad Pilgrimage of the Flesh

with John Lahr

[Read more and book now](#)



DON'T MISS: LIFESTYLE



02.10.2014

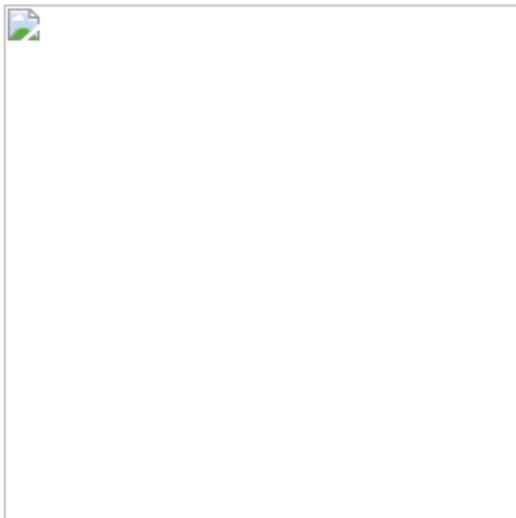


15.10.2014

how to: Be Mindful (Introductory Workshop)

with Louise Chester

[Read more and book now](#)



14.10.2014

how to: The Marshmallow Test: Understanding self- control and how to master it

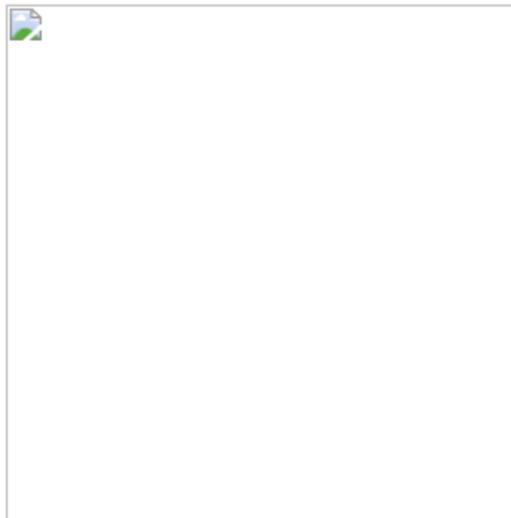
with Walter Mischel

[Read more and book now](#)

how to: Breathe (A Masterclass to change your life)

with Gerry Gajadharsingh DO

[Read more and book now](#)



09.10.2014

how to: Dramatically Improve Your Handwriting

with Cherrell Avery

[Read more and book now](#)



DON'T MISS: HISTORY



07.10.2014



06.11.2014

**how to: The English and their
History**

with Robert Tombs

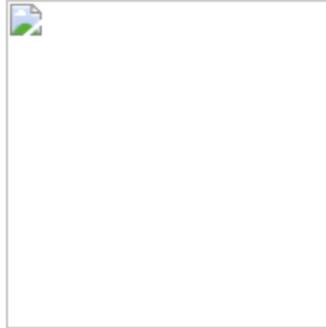
[Read more and book now](#)

how to: Understand Lawrence of Arabia with Anthony Sattin

Who was the mysterious young archeologist who became known as Lawrence of Arabia? And why did he, one hundred years ago, burn the first manuscript of his great epic, Seven Pillars of Wisdom? What was the story he wanted to conceal from the world?

In what promises to be a riveting event, the acclaimed biographer and travel writer, Anthony Sattin, will uncover the truth about T E Lawrence. To celebrate the launch of his much anticipated new book, Sattin will discuss the secret behind Lawrence's birth, his tortuous relationship with his dominant mother, his deep affection for an Arab boy, the intimate details of the extraordinary journeys he took, and the personal reasons that drove him from being a student to becoming a spy....

[Read more and book now](#)



11.11.2014

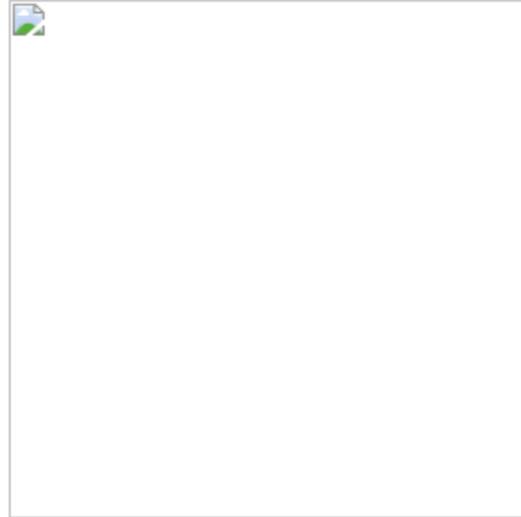
how to: Think About Central Europe

with Simon Winder

[Read more and book now](#)



DON'T MISS: COMPUTER SKILLS



31.10.2014

how to: Understand your Mac or iPad

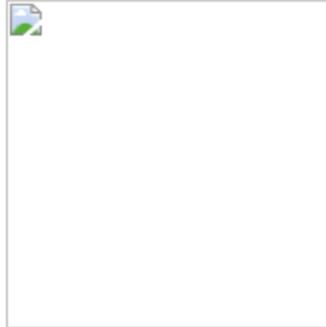
with Brad Clark

You do everything together. You share your most private moments, your most immediate thoughts, you cannot bear to be apart. You tell him – or maybe her – everything, but is it a one-way relationship? How well do you actually understand your Mac or iPad? Do you know how capable he is, how many skills he actually has, and what a wealth of resources he is harbouring? Do you know how much more he could give if you only made the commitment to explore him in depth?

Give your Mac a treat on this bespoke course. But to ensure all your questions are answered, some of which may not be covered by the course outline below, feel free either to submit your own questions in advance by emailing

[\[REDACTED\]](#) or ask them at the beginning of the workshop so that our coach for the morning, Brad Clark, can respond directly, personally, and face-to-face. Go on – make your Apple your best friend....

[Read more and book now](#)

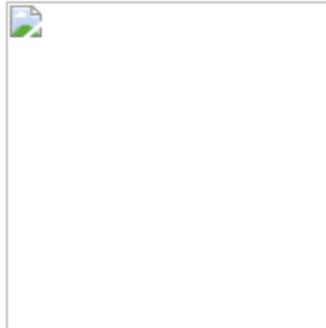


10.11.2014

how to: Use WordPress to start a Website

with Brad Clark

[Read more and book now](#)



27.10.2014

how to: Organise and Enhance your photos using iPhoto and Photoshop

with Brad Clark

[Read more and book now](#)





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