

From: Goodness Monkey <info@goodnessmonkey.com>

To: <jeevacation@gmail.com>

Subject: Goodness Monkey Weekly Rewards

Date: Fri, 17 Apr 2015 12:03:15 +0000

get fit + eat right + live well = earn rewards

[View this email in your browser](#)



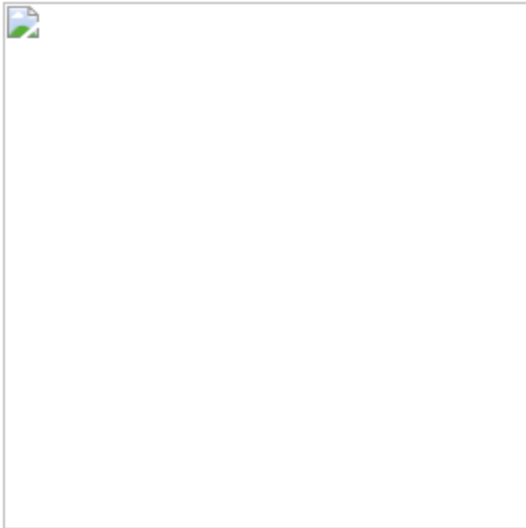
Goodness Monkey

Things To Do With Your Goodness

Spring is here and there's no better time to get out and about with your Goodness Monkey rewards! Looking for a new challenge or something new to try this year? Here are a few ideas:

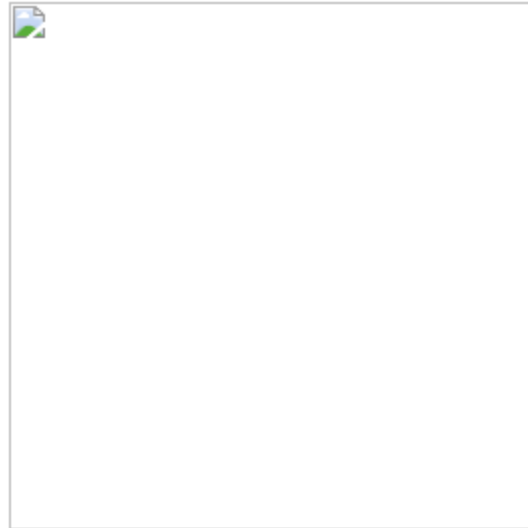
Take A Nature Retreat

Get immersed in nature with [Planet Kitchen](#), NC. Take 20% OFF your 3+ day immersion in nature package.



Try Capoeira

Learn dance, martial arts and get fit all at the same time! \$10 OFF your first visit to [Nago Academy, Miami](#).



Get Wet

Take a flight with a water propelled jetpack with [Relentless Watersports](#) in Ocean City, MD or Miami, FL.

Find More Rewards

Goodness News

[How to Get Over Your Quarter-Life Crisis](#)

[When Life Gets Hard: Keep Moving Forward, One Step at a Time](#)

[How 15-Minute Workouts Jumpstarted My Weight Loss](#)

[35 Essential Habits of Incredibly Happy People](#)

[Stressed Out? Aromatherapy Can Help You to Feel Calmer](#)

Join the Goodness Monkey network and start earning your rewards today...

Visit your favorite gym, restaurant, spa, etc.
in our network to unlock cash rewards. .

[Customers join/sign up here](#)



*Copyright © 2015 Goodness Monkey. All rights reserved.
thanks for joining our newsletter*

[unsubscribe from this list](#) [update subscription preferences](#)
