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**From:** Karyna Shuliak [REDACTED]  
**Sent:** Wednesday, October 31, 2012 2:21 PM  
**To:** Jeffrey Epstein

Could you please give me a call after you finish your excersice, I will see Dr. Salentijn and the TA's today, would like to hear your advice if possible please. Thank you.

P.S. as long as you can do 116lbs with two hand you're fine:D=?xml version=.0" encoding=TF-8"?> <!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">

```
<plist version=.0">
<dict>
  <key>date-last-viewed</key>
  <integer>0</integer>
  <key>date-received</key>
  <integer>1351693299</integer>
  <key>flags</key>
  <integer>8590195713</integer>
  <key>gmail-label-ids</key>
  <array>
    <integer>22</integer>
    <integer>2</integer>
  </array>
  <key>remote-id</key>
  <string>255267</string>
</dict>
</plist>
```